







BOULDER SENIOR CENTER MAY 2018

FOR RESERVATIONS CALL 225-3656 BY 9:30 A.M.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	-1- POLISH DOGS OVEN POTATOES BAKED BEANS FRESH FRUIT	-2- TURKEY TETRAZZINI GREEN PEAS TOSSED SALAD JUICY PEARS	-3- SPAGHETTI CASSEROLE GARLIC BREAD GREEN BEANS TOSSED SALAD SWEET PEACHES	-4- 
-7-	-8- OVEN CHICKEN MASHED POTATOES PETITE PEAS CRANBERRY SALAD	-9- BAKED PORK CHOP RICE PILAF BROCCOLI SPEARS GREEN SALAD W/BEANS APPLESAUCE	-10- CHICKEN-N-VEGGIE NOODLE SOUP EGG SALAD SANDWICH VEGGIE RELISH FRUIT SALAD	-11-
-14- 	-15- MEXICAN TACOS REFRIED BEANS TOMATO, LETTUCE & CHEESE FRUIT SALAD	-16- TURKEY ALA KING FRESH BAKED BISCUIT GARDEN PEAS 4 BEAN SALAD FRESH FRUIT	-17- TOMATO SOUP GRILLED HAM & CHEESE SANDWICH VEGGIE RELISH GOLDEN PEARS	-18- 
-21-	-22- PORK IN GRAVY BROWN RICE STEAMED BROCCOLI SALAD W/BEANS CRANBERRIES	-23- MONTANA PASTY CARROT COINS COLESLAW CINNAMON APPLES	-24- SHEILA'S MEATLOAF BAKED POTATO SWEET CORN FRESH ORANGES	-25-
-28- MEMORIAL DAY 	-29- BEEF VEGETABLE STEW FRESH BAKED BISCUIT CRISPY COLESLAW JUICY PEACHES	-30- FISH PATTY ON A BUN MACARONI & CHEESE GREEN BEANS TOSSED SALAD BAKED APPLES	-31- CHICKEN ENCHILADAS GOLDEN CORN GARDEN SALAD ZESTY PINEAPPLE	

USDA prohibits discrimination in the administration of this program. To file a complaint, write to Secretary of Agriculture, Washington D.C. 20250.

This menu has been reviewed and approved by a Registered Dietitian Cassandra Drynan, R. D. N. Cassandra Drynan, R.D.N.

Meals are served with Low Fat Milk, Coffee, Juice, Whole Grain Bread and Margarine.