



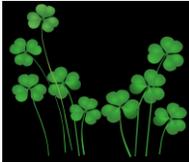
AUGUSTA SENIOR NUTRITION MENU - MARCH 2026



Lunch is served from 12:00 - 1:00

For Reservations call - (406) 562-3623

*This menu is subject to change due to product availability

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>2</p> <p>SHEPHERD'S PIE MIXED VEGETABLES GREEN BEANS WHOLE GRAIN ROLL SWEET PEACHES</p>	<p>3</p> <p>TUNA NOODLE CASSEROLE GREEN PEAS STEAMED CARROTS FRESH FRUIT DESSERT</p>	<p>4</p> <p>SWEET-N-SOUR CHICKEN FRIED BROWN RICE BROCCOLI SPEARS PEPPERS & ONIONS PINEAPPLE</p>	<p>5</p> <p>HAM & SCALLOPED POTATOES GOLDEN CORN DINNER SALAD w/BEANS WHOLE GRAIN BREAD APPLESAUCE</p>	<p>6</p> <p>CHEESEBURGER ON A BUN BAKED BEANS PURPLE BEETS APRICOTS</p>
<p>9</p> <p>TATER TOT CASSEROLE GARDEN PEAS CARROT COINS FRUIT COCKTAIL</p>	<p>10</p> <p>PORK ROAST SWEET POTATOES BRUSSELS SPROUTS WHEAT ROLL APPLESAUCE</p>	<p>11</p> <p>CHILI CON CARNE CORN BREAD SWEET CORN VEGETABLE MEDLEY FRUITED JELLO</p>	<p>12</p> <p>BBQ RIBS MACARONI SALAD PURPLE BEETS BROCCOLI SLAW SWEET PEARS</p>	<p>13</p> <p>HOT TURKEY SANDWICH MASHED POTATOES GREEN BEANS CRANBERRIES</p>
<p>16</p> <p>SPAGHETTI w/MEAT SAUCE GARLIC BREAD GOLDEN CORN ZUCCHINI SQUASH APRICOT HALVES</p>	<p>17</p> <p>ST PATRICK'S DAY CORNEB BEEF AND CABBAGE  LUCKY POTATOES CARROT COINS BLARNEY STONE ROLL FRUITED GREEN JELLO</p>	<p>18</p> <p>BIRTHDAY DINNER TERIYAKI CHICKEN RICE PILAF BROCCOLI & CAULIFLOWER DINNER SALAD w/BEANS PLUMP PEACHES BIRTHDAY CAKE</p>	<p>19</p> <p>CHICKEN FRIED STEAK MASHED POTATOES MIXED VEGETABLES WHOLE GRAIN ROLL FRUIT SALAD</p>	<p>20</p> <p>TUNA MELT PEAS & CARROTS PURPLE BEETS FRESH FRUIT</p>
<p>23</p> <p>BISCUITS & SAUSAGE GRAVY DICED POTATOES CARROT RAISIN SALAD COTTAGE CHEESE & PEACHES</p>	<p>24</p> <p>SWEET-N-SOUR PORK BROWN RICE STIR FRY VEGETABLES PICKLED BEETS PINEAPPLE</p> <p>*USDA FOODS*</p>	<p>25</p> <p>PASTIES w/GRAVY GREEN PEAS BEAN MEDLEY SWEET PEARS</p>	<p>26</p> <p>CHICKEN BAKE SWEET CORN GREEN BEANS WHOLE GRAIN ROLL CRANBERRIES</p>	<p>27</p> <p>SLOPPY JOES POTATO SALAD BAKED BEANS FRUITED JELLO</p>
<p>30</p> <p>KFC BOWL POPCORN CHICKEN CORN, CHEDDAR CHEESE & GRAVY OVER MASHED POTATOES MIXED VEGETABLES WHOLE GRAIN ROLL FRUIT COCKTAIL</p>	<p>31</p> <p>CHICKEN ALA KING OVER EGG NOODLES GREEN PEAS PURPLE BEETS PLUMP PEACHES</p>			<p>Low-fat milk is delivered daily and served daily at the Dinner Club</p> 

WE DEPEND ON YOUR MEAL DONATION FOR PROGRAM EXPENSES - THANK YOU FOR YOUR CONTRIBUTION

USDA prohibits discrimination in the administration of this program. To file a complaint, write to Secretary of Agriculture, Washington D.C. 20250.

This menu has been reviewed and approved by a Registered Dietitian, Cassandra Drynan, RDN Cassandra Drynan, RDN

Suggested donation for 60 years old and over \$5.00. Required charge for under 60 years \$10.00.