






# AUGUSTA SENIOR NUTRITION MENU — MAY 2022



FOR MORE INFORMATION CALL: (406) 562-3623

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>2</p> <p>SERBIAN EGGS HASH BROWNS FRUIT MUFFIN GREEN SALAD FRESH FRUIT</p>	<p>3</p> <p>CHICKEN SALAD GARDEN PEAS PURPLE BEETS BREADSTICK MANDARIN ORANGES</p>	<p>4</p> <p>UNSTUFFED CABBAGE ROLLS w/BROWN RICE &amp; BEEF SALAD w/BEANS PLUMP PEACHES</p>	<p>5</p> <p>CHEF'S CHOICE ENTRÉE GREEN BEANS STEAMED CARROTS WHOLE GRAIN ROLL FRUIT SALAD</p>	<p>6</p> <p><u>MOTHER'S DAY DINNER</u> HEARTY MEATLOAF MASHED POTATOES BRUSSELS SPROUTS HOT WHEAT ROLL APRICOT HALVES DESSERT</p>
<p>9</p> <p>MEAT LASAGNA GARLIC BREAD GREEN BEANS TOSSED SALAD PINEAPPLE</p>	<p>10</p> <p>KALUA PORK MACARONI SALAD MALIBU VEGGIES GARDEN SALAD BAKED APPLES</p>	<p>11</p> <p>MEATBALLS &amp; GRAVY RICE PILAF BUTTER BEETS BEAN MEDLEY GOLDEN PEARS</p>	<p>12</p> <p>CHEF'S CHOICE ENTRÉE PEAS &amp; CARROTS DINNER SALAD HOT ROLL CRANBERRIES</p>	<p>13</p> <p>FISH SANDWICH ON A BUN TATER TOTS CARROT RAISIN SALAD FRUIT CUP DESSERT</p>
<p>16</p> <p>SWEET-N-SOUR CHICKEN FRIED BROWN RICE BROCCOLI SPEARS STEAMED CARROTS MANDARIN ORANGES</p>	<p>17</p> <p>HAM &amp; CORN CHOWDER CHEDDAR BISCUIT COLESLAW FRESH FRUIT</p>	<p>18</p> <p><u>BIRTHDAY DINNER</u> SHEPARD'S PIE MIXED VEGETABLES GARDEN SALAD WHOLE GRAIN ROLL SWEET PEACHES BIRTHDAY CAKE</p>	<p>19</p> <p>CHEF'S CHOICE ENTRÉE PURPLE BEETS SALAD w/BEANS WHOLE GRAIN BREAD PINEAPPLE</p>	<p>20</p> <p>CHEESEBURGER ON A BUN BAKED BEANS CARROT &amp; CELERY STICKS APPLESAUCE</p>
<p>23</p> <p>TATER TOT CASSEROLE GARDEN PEAS VEGGIE SALAD FRUIT COCKTAIL</p>	<p>24</p> <p>CHILI DOG SWEET CORN VEGETABLE MEDLEY FRUITED JELLO</p>	<p>25</p> <p>PORK ROAST SWEET POTATOES TOSSED SALAD WHEAT ROLL SPICED APPLES</p>	<p>26</p> <p>CHEF'S CHOICE ENTRÉE PICKLED BEETS DINNER SALAD GARLIC ROLL CRANBERRIES</p>	<p>27</p> <p>COLD CUT HOAGIE CARROT RAISIN SALAD BEAN MEDLEY PEARS w/COTTAGE CHEESE</p>
<p>30</p> <p><u>CLOSED - MEMORIAL DAY</u></p> 	<p>31</p> <p>BBQ PORK SANDWICH POTATO SALAD COLESLAW MANDARIN ORANGES</p>		<p><i>Low-fat milk is delivered daily and served daily at the Dinner Club</i></p>	

WE DEPEND ON YOUR MEAL PAYMENT FOR PROGRAM EXPENSES – THANK YOU FOR YOUR HELP – EVERY LITTLE BIT HELPS

USDA prohibits discrimination in the administration of this program. To file a complaint, write to Secretary of Agriculture, Washington D.C. 20250.

This menu has been reviewed and approved by a Registered Dietitian, Cassandra Drynan, RDN Cassandra Drynan, RDN.

Suggested donation for 60 years old and over \$5.00. Required charge for under 60 years \$7.00.