



WHITEHALL SENIOR NUTRITION MENU - MAY 2022

FOR MORE INFORMATION CALL: (406) 287-5336



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>2 BBQ CHICKEN ON A BUN BAKED BEANS CRISP COLESLAW MANDARIN ORANGES</p>	<p>3 UNSTUFFED CABBAGE ROLLS BROWN RICE GARDEN SALAD SWEET PEACHES</p>	<p>4 PORK ROAST SWEET YAMS MIXED VEGETABLES WHOLE GRAIN ROLL BAKED APPLES</p>	<p>5 BEEF TACO LETTUCE/TOMATO/SALSA REFRIED BEANS PINEAPPLE</p>	<p>6 <u>MOTHER'S DAY BRUNCH</u> BREAKFAST CASSEROLE HASH BROWNS MIXED VEGETABLES FRUIT SALAD CINNAMON ROLL</p>
<p>9 CHILI CON CARNE CORN BREAD SWEET CORN COLESLAW BAKED APPLES</p>	<p>10 FISH PATTY ON A BUN GREEN BEANS GARDEN SALAD PINEAPPLE</p>	<p>11 CHICKEN FRIED STEAK MASHED POTATOES CARROT COINS WHOLE GRAIN ROLL FRESH FRUIT</p>	<p>12 PIZZA BAKE PURPLE BEETS GARDEN SALAD GOLDEN PEARS</p>	<p>13 TURKEY ALA KING OVER BISCUITS GREEN PEAS TOSSED SALAD FRUIT MEDLEY DESSERT</p>
<p>16 SPAGHETTI w/MEAT SAUCE GARLIC BREAD SWEET CORN TOSSED SALAD MANDARIN ORANGES</p>	<p>17 CHICKEN POT PIE BROCCOLI & CAULIFLOWER CARROT RAISIN SALAD PLUMP PEACHES</p>	<p>18 PORK STEW FRESH BAKED BISCUIT TOSSED SALAD JUICY PEARS</p>	<p>19 BEEF STROGANOFF OVER EGG NOODLES BRUSSELS SPROUTS FOUR BEAN MEDLEY PURPLE PLUMS</p>	<p>20 <u>BIRTHDAY DINNER</u> PARMESAN CHICKEN WILD RICE CAPRI VEGETABLES GARDEN SALAD MIXED FRUIT BIRTHDAY CAKE</p>
<p>23 CHICKEN NOODLE CASSEROLE GREEN BEANS TOSSED SALAD CRANBERRIES</p>	<p>24 SWEDISH MEATBALLS ROTINI NOODLES STEAMED CARROTS GARDEN PEAS APRICOT HALVES</p>	<p>25 BBQ RIBS BAKED BEANS CRISP COLESLAW FRESH BAKED BISCUIT BAKED APPLES</p>	<p>26 TAMALE PIE MIXED VEGETABLES MEXICAN BEANS PINEAPPLE</p>	<p>27 POLISH ON A BUN BABY RED POTATOES CARROT RAISIN SALAD APPLESAUCE DESSERT</p>
<p>30 <u>CLOSED</u> </p>	<p>31 SWEET-N-SOUR PORK BROWN RICE BROCCOLI SPEARS DINNER SALAD SWEET PEACHES</p>		 <p>LOW-FAT MILK IS DELIVERED DAILY & SERVED DAILY AT THE DINNER CLUB</p>	

WE DEPEND ON YOUR MEAL DONATION FOR PROGRAM EXPENSES – THANK YOU FOR YOUR HELP – EVERY LITTLE BIT HELPS
 USDA prohibits discrimination in the administration of this program. To file a complaint, write to Secretary of Agriculture, Washington D.C. 20250.
 This menu has been reviewed and approved by a Registered Dietitian, Cassandra Drynan, RDN. Cassandra Drynan, RDN.
 Suggested donation for 60 years old and over \$5.00. Required charge for under 60 years \$7.00.