



# WHITEHALL SENIOR NUTRITION MENU - MARCH 2026



LUNCH IS SERVED FROM 11:30AM-12:30PM - FOR RESERVATIONS CALL (406) 287-5336

\*This menu is subject to change due to product availability

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 CHICKEN OVER STUFFING CAPRI VEGETABLES GREEN PEAS CRANBERRIES	3 SWEDISH MEATBALLS ROTINI NOODLES BRUSSELS SPROUTS PURPLE BEETS APRICOT HALVES	4 BBQ RIBS BAKED BEANS CRISP COLESLAW BAKED POTATO APPLESAUCE	5 CHICKEN FAJITAS ONIONS & PEPPERS MEXICAN BEANS FRUIT SALAD	6 CHILI CON CARNE CORN BREAD SWEET CORN CARROT COINS JUICY PEARS DESSERT
9 HAMBURGER GRAVY OVER MASHED POTATOES 5-WAY MIXED VEGETABLES WHOLE GRAIN ROLL SWEET PEACHES	10 BAKED COD STEAMED CARROTS TOSSED SALAD w/BEANS WHOLE GRAIN ROLL BAKED APPLES	11 MONTANA PASTIES STEAMED SPINACH PURPLE BEETS PINEAPPLE	12 BAKED TURKEY BREAD STUFFING SWEET POTATOES GREEN BEANS CRANBERRIES	13 EGGS & SAUSAGE DICED POTATOES KEY LARGO VEGGIES FRESH FRUIT CINNAMON ROLL
16 CHICKEN ALFREDO OVER NOODLES PICKLED BEETS CAPRI VEGETABLES APRICOT HALVES	17 <u>ST PATRICK'S DAY</u> CORNED BEEF & CABBAGE LUCKY POTATOES CARROT COINS BLARNEY STONE ROLLS GREEN PEARS	18 CHICKEN NOODLE SOUP GREEN BEANS GOLDEN CORN WHOLE GRAIN ROLL BAKED APPLES	19 SLOPPY JOE ON A BUN BAKED BEANS COLESLAW SWEET PEACHES	20 <u>BIRTHDAY DINNER</u> SWEET-N-SOUR PORK BROWN RICE BROCCOLI SPEARS ORIENTAL VEGETABLES FRUIT COCKTAIL BIRTHDAY CAKE
23 ORANGE CHICKEN BROWN RICE BROCCOLI & CAULIFLOWER FOUR BEAN MEDLEY ZESTY PINEAPPLE	24 HEARTY MEATLOAF MASHED POTATOES BRUSSELS SPROUTS WHOLE GRAIN ROLL SWEET PEACHES	25 CHICKEN TACOS LETTUCE/TOMATO/SALSA MEXICAN BEANS FRUIT COCKTAIL	26 BBQ MEATBALL SUB GREEN PEAS DICED BEETS GOLDEN PEARS  *USDA FOODS*	27 COOK'S CHOICE ENTRÉE MEDITERRANEAN PASTA SALAD HERBED CARROTS ZUCCHINI SQUASH APRICOT HALVES DESSERT
30 RIBS w/SAUERKRAUT STEAMED CARROTS BAKED BEANS WHOLE GRAIN ROLL APPLESAUCE	31 TURKEY CORDON BLEU BREAD STUFFING SWEET POTATO GREEN BEANS CRANBERRIES			

*Low fat milk is delivered daily with Home Delivered Meals and available daily in the Dinner Club*



WE DEPEND ON YOUR MEAL DONATION FOR PROGRAM EXPENSES – THANK YOU FOR YOUR CONTRIBUTION.  
USDA PROHIBITS DISCRIMINATION IN THE ADMINISTRATION OF THIS PROGRAM. TO FILE A COMPLAINT, WRITE TO SECRETARY OF AGRICULTURE, WASHINGTON D.C. 20250.  
THIS MENU HAS BEEN REVIEWED AND APPROVED BY A REGISTERED DIETITIAN, CASSANDRA DRYNAN, RDN CASSANDRA DRYNAN, R.D.N.

**Suggested donation for 60 years old and over \$5.00. Required charge for under 60 years \$10.00.**