*TOWNSEND SENIOR NUTRITION MENU MARCH, 2021 For Additional Information Call 266-3995

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY				
1 SWEDISH MEATBALLS MASHED POTATOES GERMAN VEGETABLES SALAD W/BEANS APRICOT HALVES	2 BBQ PORK RIBS WG BREAD SWEET CORN PICKLED BEETS APPLESAUCE	3 GRILLED CHEESE TOMATO SOUP FOUR BEAN SALAD SWEET PEACHES DESSERT BAR	4 BAKED CHICKEN WILD RICE STEAMED BROCCOLI GARDEN SALAD GOLDEN PEARS	5 TATER TOT CASSEROLE GARDEN PEAS TOSSED SALAD PINEAPPLE				
8 FISH PATTY ON A BUN MACARONI & CHEESE MIXED VEGGIES CRISP COLESLAW PLUMP PEACHES	9 CAROL'S MEATLOAF MASHED POTATOES W/GRAVY GREEN BEANS DINNER SALAD BANANAS & PUDDING	10 HAM & RICE CASSEROLE GREEN PEAS CARROT RAISIN SALAD MANDARIN ORANGES	11 BEEF STROGANOFF EGG NOODLES GOLDEN CORN SALAD W/BEANS BAKED APPLES	12 SCRAMBLED EGGS CRISP BACON PANCAKES POTATO TRIANGLES KEY LARGO VEGETABLES FRUIT SALAD				
15 SALISBURY STEAK STEAMED POTATOES GREEN BEANS SLICED BEETS APRICOTS	16 BIRTHDAY DINNER TURKEY ALA KING MASHED POTATOES MIXED VEGETABLES GARDEN SALAD PLUMP PEACHES BIRTHDAY CAKE	17 ST PATRICK'S DAY CORNED BEEF & CABBAGE LUCKY SPUDS CARROT COIN\$ BLARNEY STONE ROLLS GREEN PEARS	18 MONTANA PASTIES GARDEN PEAS TOSSED SALAD CINNAMON APPLESAUCE	19 POLISH SAUSAGE W/SAUERKRAUT STEAMED POTATOES MIXED VEGETABLES FOUR BEAN SALAD PINEAPPLE				
22 BAKED COD WILD RICE PILAF GERMAN VEGETABLES DINNER SALAD SWEET PEACHES	23 ROAST PORK MASHED POTATOES KEY LARGO VEGETABLES WHOLE GRAIN ROLL SPICED APPLES	24 SPAGHETTI W/MEAT SAUCE GARLIC BREAD BROCCOLI SPEARS GARDEN SALAD FRUIT MEDLEY	25 PORK CHOPS STEAMED POTATOES CALIFORNIA BLEND CARROT RAISIN SALAD MANDARIN ORANGES	26 CHILI CON CARNE GOLDEN CORN CREAMY COLESLAW JUICY PEARS CINNAMON ROLL				
29 BEEF & VEGGIE STEW FRESH BAKED BISCUIT TOSSED SALAD ZESTY PINEAPPLE	30 SLOPPY JOES ON A BUN GREEN BEANS CARROT RAISIN SALAD BAKED APPLES	31 CHICKEN & RICE CASSEROLE CALIFORNIA VEGETABLES DINNER SALAD MIXED FRUIT	Low-fat milk is served daily	MARCH				