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| MC900440405[1]MC900440405[1] AUGUSTA SENIOR NUTRITION MENU - JUNE 2023FOR MORE INFORMATION CALL: (406) 562-3623 \*This menu is subject to change due to product availability | | | | |
| **MONDAY** | **TUESDAY** | **WEDNESDAY** | **THURSDAY** | **FRIDAY** |
|  | *Low-fat milk is delivered daily and served daily at the Dinner Club* | http://ts3.mm.bing.net/th?&id=HN.608051151752921596&w=300&h=300&c=0&pid=1.9&rs=0&p=0 | **1**  **CHEF’S CHOICE ENTRÉE**  **STEAMED CARROTS**  **CAULIFLOWER & BROCCOLI**  **BREADSTICK**  **MANDARIN ORANGES** | **2**  **BAKED POTATO W/CHILI**  **WHOLE GRAIN ROLL**  **DICED BEETS**  **COTTAGE CHEESE & PEACHES** |
| **5**  **TERIYAKI CHICKEN**  **BROWN RICE**  **STIR FRY VEGETABLES**  **GARDEN SALAD**  **MANDARIN ORANGES** | **6**  **TOMATO BISQUE**  **GRILLED CHEESE SANDWICH**  **BROCCOLI SLAW**  **BEAN MEDLEY**  **JUICY PEARS** | **7**  **HEARTY MEATLOAF**  **POTATO CASSEROLE**  **BRUSSELS SPROUTS**  **HOT WHEAT ROLL**  **DESSERT** | **8**  **CHEF’S CHOICE ENTRÉE**  **PEAS & CARROTS**  **TOSSED SALAD**  **WHOLE GRAIN ROLL**  **APPLESAUCE** | **9**  CLOSED  **STAFF TRAINING** |
| **12**  **HAM & EGGS**  **DICED POTATOES**  **GREEN SALAD**  **FRUIT MUFFIN**  **FRESH FRUIT** | **13**  **MAC-N-CHEESE**  **W/TOMATOES & BACON**  **GREEN BEANS**  **TOSSED SALAD**  **APPLE SLICES**  **PICKLED BEETS** | **14**  **TUNA MELT**  **CRISP COLESLAW**  **CARROT & CELERY STICKS**  **FRUITED JELLO** | **15**  **CHEF’S CHOICE ENTRÉE**  **SWEET CORN**  **VEGGIE SALAD**  **BREADSTICK**  **PINEAPPLE** | **16**  FATHER’S DAY DINNER  **CHICKEN FRIED STEAK**  **MASHED POTATOES**  **DINNER SALAD**  **WHOLE GRAIN ROLL**  **CRANBERRIES**  **DESSERT** |
| **19**  CLOSED | **20**  **CHICKEN SALAD**  **GARDEN PEAS**  **PURPLE BEETS**  **BREADSTICK**  **MANDARIN ORANGES** | **21**  BIRTHDAY DINNER  **UNSTUFFED CABBAGE ROLLS**  **W/BROWN RICE & BEEF**  **SALAD W/BEANS**  **PLUMP PEACHES**  **BIRTHDAY CAKE** | **22**  **CHEF’S CHOICE ENTRÉE**  **GREEN BEANS**  **STEAMED CARROTS**  **WHOLE GRAIN ROLL**  **FRUIT SALAD** | **23**  **BBQ PORK SANDWICH**  **POTATO SALAD**  **COLESLAW**  **PINEAPPLE RINGS** |
| **26**  **MEATBALLS & GRAVY**  **RICE PILAF**  **BUTTER BEETS**  **BEAN MEDLEY**  **GOLDEN PEARS** | **27**  **KALUA PORK**  **MACARONI SALAD**  **MALIBU VEGGIES**  **GARDEN SALAD**  **BAKED APPLES** | **28**  **MEAT LASAGNA**  **GARLIC BREAD**  **GREEN BEANS**  **TOSSED SALAD**  **APRICOT HALVES** | **29**  **CHEF’S CHOICE ENTRÉE**  **PEAS & CARROTS**  **DINNER SALAD**  **HOT ROLL**  **CRANBERRIES** | **30**  **FISH SANDWICH ON A BUN**  **TATER TOTS**  **CARROT RAISIN SALAD**  **FRUIT CUP**  **DESSERT** |

WE DEPEND ON YOUR MEAL DONATION FOR PROGRAM EXPENSES – THANK YOU FOR YOUR CONTRIBUTION

USDA prohibits discrimination in the administration of this program. To file a complaint, write to Secretary of Agriculture, Washington D.C. 20250.

This menu has been reviewed and approved by a Registered Dietitian, Cassandra Drynan, RDN Cassandra Drynan, RDN .

**Suggested donation for 60 years old and over $5.00. Required charge for under 60 years $7.00.**