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| MC900440405[1]MC900440405[1] AUGUSTA SENIOR NUTRITION MENU - JUNE 2023 FOR MORE INFORMATION CALL: (406) 562-3623 \*This menu is subject to change due to product availability |
| **MONDAY** | **TUESDAY** | **WEDNESDAY** | **THURSDAY** | **FRIDAY** |
|  | *Low-fat milk is delivered daily and served daily at the Dinner Club* | http://ts3.mm.bing.net/th?&id=HN.608051151752921596&w=300&h=300&c=0&pid=1.9&rs=0&p=0 | **1****CHEF’S CHOICE ENTRÉE****STEAMED CARROTS****CAULIFLOWER & BROCCOLI****BREADSTICK****MANDARIN ORANGES** | **2****BAKED POTATO W/CHILI****WHOLE GRAIN ROLL****DICED BEETS****COTTAGE CHEESE & PEACHES** |
| **5****TERIYAKI CHICKEN****BROWN RICE****STIR FRY VEGETABLES****GARDEN SALAD****MANDARIN ORANGES** | **6****TOMATO BISQUE** **GRILLED CHEESE SANDWICH****BROCCOLI SLAW****BEAN MEDLEY****JUICY PEARS**  | **7****HEARTY MEATLOAF****POTATO CASSEROLE****BRUSSELS SPROUTS****HOT WHEAT ROLL****DESSERT**  | **8****CHEF’S CHOICE ENTRÉE****PEAS & CARROTS****TOSSED SALAD****WHOLE GRAIN ROLL****APPLESAUCE** | **9**CLOSED**STAFF TRAINING** |
| **12****HAM & EGGS****DICED POTATOES****GREEN SALAD****FRUIT MUFFIN****FRESH FRUIT**  | **13****MAC-N-CHEESE** **W/TOMATOES & BACON****GREEN BEANS****TOSSED SALAD****APPLE SLICES** **PICKLED BEETS** | **14****TUNA MELT** **CRISP COLESLAW****CARROT & CELERY STICKS** **FRUITED JELLO**  | **15****CHEF’S CHOICE ENTRÉE****SWEET CORN****VEGGIE SALAD****BREADSTICK****PINEAPPLE** | **16**FATHER’S DAY DINNER**CHICKEN FRIED STEAK****MASHED POTATOES****DINNER SALAD****WHOLE GRAIN ROLL****CRANBERRIES****DESSERT** |
| **19**CLOSED | **20****CHICKEN SALAD** **GARDEN PEAS****PURPLE BEETS****BREADSTICK****MANDARIN ORANGES** | **21**BIRTHDAY DINNER**UNSTUFFED CABBAGE ROLLS****W/BROWN RICE & BEEF****SALAD W/BEANS****PLUMP PEACHES****BIRTHDAY CAKE** | **22****CHEF’S CHOICE ENTRÉE****GREEN BEANS****STEAMED CARROTS****WHOLE GRAIN ROLL****FRUIT SALAD** | **23****BBQ PORK SANDWICH****POTATO SALAD****COLESLAW** **PINEAPPLE RINGS** |
| **26****MEATBALLS & GRAVY****RICE PILAF****BUTTER BEETS****BEAN MEDLEY****GOLDEN PEARS** | **27****KALUA PORK****MACARONI SALAD****MALIBU VEGGIES****GARDEN SALAD****BAKED APPLES** | **28****MEAT LASAGNA****GARLIC BREAD****GREEN BEANS****TOSSED SALAD****APRICOT HALVES**  | **29****CHEF’S CHOICE ENTRÉE****PEAS & CARROTS****DINNER SALAD****HOT ROLL****CRANBERRIES** | **30****FISH SANDWICH ON A BUN****TATER TOTS****CARROT RAISIN SALAD****FRUIT CUP****DESSERT** |

WE DEPEND ON YOUR MEAL DONATION FOR PROGRAM EXPENSES – THANK YOU FOR YOUR CONTRIBUTION

USDA prohibits discrimination in the administration of this program. To file a complaint, write to Secretary of Agriculture, Washington D.C. 20250.

This menu has been reviewed and approved by a Registered Dietitian, Cassandra Drynan, RDN Cassandra Drynan, RDN .

**Suggested donation for 60 years old and over $5.00. Required charge for under 60 years $7.00.**