

Under Title III of the Older Americans Act
Fiscal Year July 1, 2025 through June 30, 2026

Project Description Sheet

(Please fill out a ***Project Description Sheet*** for each service provided.
Attach additional pages if necessary to complete the following questions.)

1. Service or Project name: **Congregate Meals**

2. Provide a description of how your program will spend the Title III funding.

Our area is growing rapidly, and we see that firsthand at the Center. We are on track to serve over 8000 Congregate Meals for 2024-2025. Title III funding will help ensure that we are able to meet the nutritional needs of our Belgrade senior community. We did raise our suggested donation to \$5.00 but many of our folks are unable to contribute toward the program so this funding will assist in allowing us to offer nutritious meals to our area seniors. The funding will help with wages, supplies, raw food and utilities.

3. Statement of how your project will coordinate services with other community programs. (Include a description of referral systems.)

AARP Tax Aide & Driver Safety	Belgrade Community Coalition
Gallatin Garden Club	Galavan
Belgrade Chamber of Commerce	Gallatin Valley Food Bank
First Security Bank	Adult Protective Services
Local School Districts	City of Belgrade
Bozeman Deaconess Hospital	Area Case Management Organizations
Love, Inc.	Gallatin Mental Health Center
Local Home Health Providers	Veterans Administration
Urgent Care of Belgrade	
Belgrade Community Library	
MT Gerontology Society	
Montana Nonprofit Association	
Bozeman Health	
Gallatin County Nursing Home	
Habitat for Humanity	
Area IV Agency on Aging	
HRDC/Senior services	

4. Statement of how your project will fulfill the mission of the Older Americans Act. (Include a description of criteria for selection of clients, outreach and targeting activities and how the project fulfills the objectives of the Older Americans Act.)

The goal of Belgrade Senior Center is to keep older citizens independent and in their homes as long as safely possible, provide nutritious meals and offer opportunities for social interaction.

Our nutrition program is available to all seniors 60 and over with a focus targeting those over 80, the low income, the frail and the lonely and depressed individual trying to remain independent in their home. Seniors are invited to come to the center for a nutritious meal and social interaction with other seniors. Meals served at the center in addition to human contact and social activity go a long way in improving a senior's quality of life. Our goal is to keep all our programs and services as affordable as possible since many of our guests are living at or below poverty level. No one is turned away for inability to pay. With the use of brochures, newsletters, radio, social media, and focused networking with other organizations with a similar goal, we work to keep the community informed about the Nutritional Program for the Belgrade community, surrounding rural areas and Gallatin County. Monthly menus are published in the local newspapers along with current activities offered at the center. As we utilize these available outlets and resources, we work to accomplish the goal of making it possible for older Americans to stay in their homes as long as possible. Our vision is to provide a comfortable place for socialization and meals that are delicious and nutritious so when seniors come to the center, they feel welcomed, secure, and cared for.

5. If extra funding was available, what would you do to increase services and how would you plan to spend the money?

Additional funding would be used to add additional workshops and programs dealing with end of life legal issues, nutrition and possibly grocery support for some of our more poverty level folks.

The Older Americans Act requirements state that aging providers are supposed to "target resources from all appropriate sources to meet the needs of older persons with the greatest economic or social need, with particular attention to low income, low income minority, those residing in rural areas, and elders who are disabled and frail. Providers are also required to ensure access to service based on certain economic, demographic and geographic factors."

6. Please provide letters of support from other local community-based and/or institutional programs, agencies or organizations involved with older adults.
7. List wage range of all employees funded in full or in part by this contract: \$ 22.00 to \$ 30.00.
8. Is this project covered by liability insurance? Yes How much? 1.5 Million
8. How many years has this project received Title III funds: 13
10. Please provide a **detailed** estimated budget for this Title III service for the fiscal year 2025-2026 as follows (list appropriate estimated resources):

PLEASE FILL IN THE FORM BELOW, YOU MAY SUBMIT ADDITIONAL SUPPORTING DOCUMENTATION IF NECESSARY.
(Your expenses should equal your resources)

Expenses:

Personnel and fringe:	<u>89250</u>
Supplies:	<u>1500</u>
Raw food/meals:	<u>40500</u>
Commodities:	<u>3000</u>
Communications:	<u>1350</u>
Utilities:	<u>5000</u>
Repairs/maintenance:	<u>1200</u>
Travel/training:	<u>1000</u>
Building space:	<u> </u>
Insurance:	<u> </u>
Equipment:	<u>1900</u>
Contracted services:	<u>1800</u>
Audit:	<u> </u>
Other:	<u> </u>
TOTAL:	\$ <u>146500</u>

Resources:

Area IV Funds:	<u>68000</u>
Project income:	<u>25000</u>
Other Resources:	<u>30000</u>
Cash in Lieu:	<u>5500</u>
Commodities:	<u>3750</u>
Match:	<u>10000</u>
Other:	<u>4250</u>
Other:	<u> </u>
TOTAL:	\$ <u>146500</u>

Application deadline - The electronic application and 2 copies must be received by Rocky before 4 p.m. Friday, March 28, 2025. Applications received after this deadline date will not be considered for funding.

The contractor presentations will be on Zoom again this year.

The date of the Area IV Board Meeting is May 15, 2025 at 9:00am.



March 17, 2025

Jim Marks
Area IV Agency on Aging
PO Box 1717
Helena, MT 59624

Dear Mr. Marks,

It is with pleasure that I submit this letter in support of the Belgrade Senior Center. It serves as a gateway to our area's aging population, connecting older adults to vital community resources that can help them stay healthy and independent. As our community continues to grow, it is essential that aging individuals have a vibrant and welcoming place to gather. Belgrade Senior Center provides that and more. It is one of the indispensable staples of our community.

As their mission statement declares, Belgrade Senior Center exists to promote friendship and serve individuals with nutritional, social, recreational, health and educational services. The Belgrade Senior Center is a place that provides opportunity for and fosters friendships. The Center offers delicious, made from scratch congregate meals, Meals on Wheels and fitness, singing, dance, and art classes to name a few. It is a place where people can go to be connected to resources and for support. It is a welcoming space where people feel like they belong. I sense this every time I visit. Together, all of these things promote independence, improve health, reduce isolation, and enrich lives.

The value the Belgrade Senior Center brings to its members and the community cannot be overstated. It is an important part of our landscape and we hope to see it remain and grow in years to come. If you have any questions, please feel free to contact me at (406) 585-4855.

Sincerely,

Andi Salsbury

Andi Salsbury
Senior Care Coordinator
HRDC Senior Programs

406.587.4486

hello@thehrdc.org

206 E Griffin Dr
Bozeman, MT 59715





91 E. Central Ave.
Belgrade, MT 59714
Phone: 406-388-3560
Fax: 406-388-4996

City Manager's Office

Re: Letter of Support for the Belgrade Senior Center

On behalf of the City of Belgrade, I am pleased to express our support for the Belgrade Senior Center and its ongoing efforts to serve our community's older adults. The Senior Center provides essential programs, services, and social opportunities that enhance the well-being and quality of life for our senior residents.

As part of the City's commitment to serving all residents, the Senior Center plays a vital role in fostering connection and engagement among older adults. Whether through meal programs, wellness activities, or other resources, its work contributes significantly to the strength of our community.

We appreciate your consideration of any resources or support that can further the work of the Belgrade Senior Center. Please do not hesitate to reach out if additional information is needed.

Sincerely,

A handwritten signature in blue ink, appearing to read 'Greg Tryon', is written over a horizontal line.

Greg Tryon
Assistant City Manager



406-388-1616

info@belgradechamber.org

10 E. Main Street Belgrade, MT 59714

March 18, 2025

To Whom It May Concern:

I am writing to express my heartfelt appreciation for the Belgrade Senior Center and to highlight the invaluable contributions it makes to our community.

At its core, the Center provides essential nutritional support to our senior residents. Through the Meals on Wheels program, nutritious meals are delivered to individuals aged 60 and over who are unable to prepare food or leave their homes due to health or transportation challenges. Additionally, the Center serves daily lunches at noon, fostering both nourishment and social interaction among attendees.

Beyond nutrition, the Center offers a diverse array of activities that cater to the varied interests of our seniors. With six different fitness classes each week, including yoga, members have ample opportunities to stay active and healthy. Social programs such as card games, art, music, and sewing groups are regularly organized, along with monthly events like cooking classes, quilting sessions, and birthday celebrations.

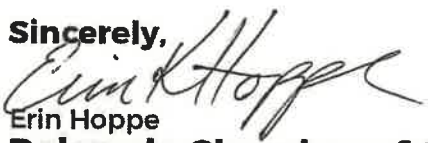
The Belgrade Senior Center also plays a pivotal role in hosting community events. A notable example is the annual Holiday Light Park, where the Center's walking path transforms into a luminous winter wonderland from late November through early January. This event brings together residents of all ages, fostering community spirit and creating cherished memories. Additionally, the Center serves as a host site for the beloved Belgrade Fall Festival, a long-standing tradition that celebrates our town's history and brings people together through festivities, food, and fun.

Advocacy for the needs of seniors is another cornerstone of the Center's mission. By providing resources such as a medical equipment loan program—which includes walkers, wheelchairs, crutches, and more; the Center ensures that our seniors have access to essential tools that enhance their quality of life.

The success and warmth of the Belgrade Senior Center are largely attributed to its dedicated leadership. Dave and Lisa exemplify top-notch citizenship, approaching every task with pride and a welcoming smile. Their commitment and passion make the Center not just a place for seniors, but a true community hub where friendships are built, needs are met, and everyone feels at home.

For all these reasons and more, I am honored to recognize the Belgrade Senior Center for its incredible impact on our town.

Sincerely,


Erin Hoppe

Belgrade Chamber of Commerce
Executive Director



406-388-1616



10 E. Main St Belgrade, MT



info@belgradechamber.org

March 10, 2025

To: Whom It May Concern

**From: Jack & Diana Pollari
351 S. Hanley, Bozeman, Mt.
Ph. 1-406-579-3201**

Subject: Support letter for grant to Belgrade, Mt. Senior Center

Attention: Lisa Beedy, Center Director

It is my understanding that Belgrade Senior Center in Belgrade, Mt. is applying for a grant to assist in funding their operational costs. My wife and myself have been members of Belgrade Senior Center for over three years and feel blessed to have access to this wonderful facility, staff, and the many services they provide. Both my wife and I have medical conditions along with being elderly that make their programs so meaningful.

Meal Program: We quite often eat at the Center. The cook (David Beedy and his staff) are exceptional in the food they provide for people at the center and Meals on Wheels. It not only tastes good, but is always a very nutritionally balanced selection of food with great variety prepared by loving hands. Many volunteers assist in the set up and take down of tables, chairs, etc. along with the serving of the meals. These meals are so helpful in assisting us have a break from our at home meal routine. Also, we have come to know many of our fellow participants who no longer can cook for themselves or attend for the fellowship provided during these meals.

Activities: We have had the opportunity to participate in several of the other activities held periodically including: music and dancing, library & resource center, periodic health exams, & Holiday Celebrations to name a few. Lisa as the Center Director has been wonderful at making the Center a special place for ourselves and fellow members. Lisa and David consider their working in the center as a very important mission.

Sincerely,

Jack & Diana Pollari

3-5-2025

Carol Scott
40 Cayenne Trail
Belgrade, MT 59714

Re: The Belgrade Senior Center

To Whom It May Concern,

This is my letter of support for the Belgrade Senior Center. I wish to share the awesome services available to all elders at the Belgrade Senior Center. The Center provides numerous fitness programs along with various other engaging and fun activities five days a week. Socialization is extremely important as elders age and naturally drift toward isolation ("Isolation" is the current epidemic affecting the senior population.) The Senior Center is focused on socialization with every activity it provides. The Nutrition Program stays very busy, feeding both the homebound and those coming to the Center to socialize and enjoy a congregate meal. These are all important services provided to our community. These services are greatly appreciated and well utilized. We need continued funding to make this happen. Our elderly deserve a safe, friendly place with an opportunity for healthy aging in their home community of Belgrade, Montana.

Sincerely,

A handwritten signature in black ink, appearing to read 'Carol Scott', written over a horizontal line.

Carol Scott

March 11, 2025

To Whom It May Concern;

The intent of this letter was to show support for the Belgrade Senior Center, but as I thought about the center, it became more a letter of deep appreciation for a place where you feel like you are among friends and you are seen. That is life-giving to many who attend the center.

My husband and I started attending the Belgrade Senior Center when a couple asked us to go to a Valentine's dinner and dance there. I was so impressed at the menu, decorations, and care Lisa and Dave put into the event. We were so impressed that we soon joined a couple of dance classes and found them to be excellent, as well. The whole stereotype of the senior center being a place where old folks go to sit and rock in rocking chairs or eat a lack luster meal were replaced with a place where a wide range of ages attend, exercise classes are led by competent fit individuals, meals are varied, thoughtful, and delicious, and the feeling you get there is filled with life and joy. You can see the effort and hard work Lisa and Dave and the rest of the staff (be it a volunteer or paid staff member) put into the BSC. They offer a WIDE range of classes and workshops. We have taken a number of them and found them to be very beneficial. My husband has benefited from tax assistance, we've joined in on some music events, found the hypertension class to be very informative, and enjoy the holiday celebrations very much.

Not only do we frequent the BSC, but we are huge proponents of the center to other Belgrade residents. It is an outstanding center that benefits a demographic that can sometimes be overlooked.

Sincerely,

Lynn & Jeff West





Belgrade Senior Center <belgradeseniorcenter@gmail.com>

Review

Cass Malloy LCAM <cassmalloy@gmail.com>
To: belgradeseniorcenter@gmail.com

Fri, Mar 14, 2025 at 10:40 AM

Hi Lisa

I hope this helps. Can't tell you how much we appreciate you all!

Cass

To Whom It May Concern:

This note is to express our extreme satisfaction with the Belgrade Senior Center. While we are new members as of 2025 we have already benefited greatly from our membership.

The level of friendship, caring and understanding is appreciated. We take advantage of the daily lunches offered. We also are excited every week to participate in the Bingo games. We definitely don't go there to win. More importantly, the socializing and fun are something we look forward to. It is so helpful with both concentration and focus.

We are senior citizens, with no immediate family close. We have been welcomed with open arms at the Belgrade Senior Center. It would make a significant impact on our lives if we didn't have this resource in our Community.

We appreciate the "swap table" and the puzzle table. We both take from and give to the swap table. Whenever I walk past the puzzle table I try to add a piece or two.

Thank you for being there and everything you do for us and the rest of the Community.

Terry and Cass Malloy



Joseph Sutton <joesutton9294@gmail.com>

BSC Support Letter 2025

1 message

Joseph Sutton <joesutton9294@gmail.com>

Thu, Mar 6, 2025 at 8:43 AM

To: joesutton9294@gmail.com

Cc: lisajoesutton@gmail.com

Dear Sirs,

This letter is written to express my profound support of the Belgrade Senior Center. Three years ago, I stopped in to see if the center would like to have a little light piano music once a week as members come in for lunch (30 minutes). Lisa agreed. Then she invited me to play for the "special meals" at Thanksgiving, Christmas, Valentine's Day, St. Patrick's Day (with a short singalong) and Italian and Hawaiian dinners as well. She then suggested that we try having a weekly time slot for a Singalong. This has been a rewarding experience for the members and myself!

Lisa mentioned that there was an opening on the BSC advisory committee for the City Council. So I've been serving on that committee for the past three years. Then the Meals On Wheels program needed a driver to deliver meals on Tuesdays which fit into my schedule very easily. So I've been doing that for nearly two years! The benefits of being involved in this continue to amaze me.

My wife saw the joy I received from doing all of these things at the Belgrade Senior Center. She accompanied me at the special meals and activities and has been an active member in the Full Body Exercises on Tuesdays and Thursdays, Ballroom Dancing and Singalong on Thursdays. We've gone on BSC trips and have been active in various yearly community activities the center supports.

To say that the Belgrade Senior Center has had a positive and profound affect on our lives would be an understatement. The hard work of Lisa Beedy, Dave Beedy, Daneen Lytle and all of the volunteers is so appreciated! They have created a wonderfully warm and intentionally inclusionary environment where seniors are highly valued! Their willingness to try new things and give members lots of things to look forward to keeps the atmosphere very vibrant.

Investing in the ongoing work of the Belgrade Senior center would be a wise and sound move! Their contribution to the lives of seniors and the Belgrade Community cannot be overstated!

Sincerely,

Joe Sutton
254 Stephanie Lane
Bozeman, MT 59718
406-599-5409

To Whom It May Concern:

I am writing this letter in support of the Belgrade Senior Center in Belgrade Montana. I have been a member for about five years. Initially I joined with my parent's Gene and Marian Todd. It took some time, but after my mother passed away my dad started to attend the Senior Center for their lunches and company.

He is thrilled with the lunches and attends every week. He is known by everyone there. I have gone a couple times with my dad and was so happy to see my track coach from high school there and some other friends of my parent's. It was great to see all of them there enjoying each other's company.

I don't get to go very often as I still work full-time, but when I retire I know I will come more often. As for my dad, he gets out of the house (even though he hasn't really retired from ranching), and he can get away from his three daughters and three granddaughters!! My dad ranched his whole life and it can be a solitary job at times. All of us thought that he was naturally introverted, but he is not. He loves the company of the Senior Center. If we don't know where to find him, we know he is probably eating lunch there.

There are many more activities I wish he would attend. There is something to do there every day. We are really lucky that my dad flourished there and can find company his age to talk with. He is always coming back home about a story here and there. I see a jump in his step when he is ready to drive into town. He has really deteriorated body, so maybe a baby step!!!

We are really proud to call Belgrade our home. My mom graduated from Belgrade in 1956, and us three girls graduated in the 1980's. I could go on... We appreciate the proximity and the luxury of calling a place to call home, away from home.

Sincerely,

Valerie Todd