

LETTER OF INTENT TO APPLY FOR CONTRACT

Under Title III of the Older Americans Act
Fiscal Year July 1, 2026 through June 30, 2027

Summary Sheet

Applicant Agency: Belgrade Senior Center Project Director: Lisa Beedy
Mailing Address: PO Box 810 Street Address: 92 E Cameron Ave
City, State, Zip: Belgrade, MT 59714 City, State, Zip: Belgrade, MT 59714
E-Mail: lbeedy@belgrademt.gov E-Mail: _____

Type of Organization:

City County Private Non-Profit Other (specify): _____

Geographic area to be served: Greater Belgrade Community/Gallatin County

List services to be provided:	Estimated # of unduplicated <i>persons</i> to be served during project period for each service type:	Estimated # of unduplicated <i>units</i> of service during project period for each listed service type:
<u>Home Delivered</u>	<u>150</u>	<u>600</u>
<u>Congregate Meals</u>	<u>250</u>	<u>650</u>
<u>Fitness/Health Program</u>	<u>175</u>	<u>300</u>

Applicant agrees that the project described in this Letter of Intent will be operational July 1, 2026 through June 30, 2027 and certifies that to the best of my knowledge and belief, the information in this application is true and correct and the attached conditions will be complied with if the contract is awarded.

Jordan Green

Type or print person authorized to sign

Director of Parks, Trails, and Recreation


Title

Lisa Beedy

Type or print person authorized to sign


Senior Center Director

Title


Signature

2/27/2026

Date


Signature

2/27/2026

Date

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Project Description Sheet

(Please fill out a *Project Description Sheet* for each service provided.
Attach additional pages if necessary to complete the following questions.)

1. Service or Project name: **Fitness/Health**

2. Provide a description of how your program will spend the Title III funding.

We continue to see rapid growth in our fitness and health programs. In partnership with the Gallatin County Health Department, we offer Stepping On, S.A.I.L., flu clinics, and hypertension workshops for our community. In addition, we provide a variety of weekly classes including four full-body workouts, Zumba, two line-dancing classes, ballroom dancing, and a beginner ballet class.

During the summer months, we also offer hiking and walking clubs and encourage participants to use the walking park located behind the center. To accommodate increasing class sizes, we moved our larger classes to a nearby school gym, allowing us to welcome more participants while still holding smaller classes at the center.

Funding will be used to pay contracted instructors, purchase supplies, and cover a portion of the center's utilities.

3. Statement of how your project will coordinate services with other community programs. (Include a description of referral systems.)

The following list reflects resources and referral partners of the Belgrade Senior Center and demonstrates the strong collaborative and reciprocal relationships established within our local community. Many of these agencies serve older adults and regularly refer clients to us for health and wellness services, educational programming, and home-delivered meals. In turn, we rely on these organizations as trusted resources when specialized expertise or additional support is needed for the seniors we serve.

AARP Tax Aide & Driver Safety	Urgent Care - Belgrade
Adult Protective Services	Montana Association for the Blind
Area IV Agency on Aging	Veterans Administration
Belgrade Chamber of Commerce	GoGo
Belgrade Community Library	Gallatin Health Department
Bozeman Health	
City of Belgrade	
First Interstate Bank	
Gallatin County Nursing Home	
Gallatin Garden Club	
Gallatin Valley Food Bank	
Galavan	
Habitat for Humanity	
HRDC	
Local Home Health Providers	
Local School Districts	
Love, Inc.	

4. Statement of how your project will fulfill the mission of the Older Americans Act. (Include a description of criteria for selection of clients, outreach and targeting activities and how the project fulfills the objectives of the Older Americans Act.)

Regular physical exercise is essential for maintaining health, and social interaction is equally important for helping seniors live happier, healthier lives. To address both needs, we continue to develop fitness and health programs that promote physical well-being and social connection.

There is no cost for seniors to participate in any of our fitness and health programs, ensuring access for everyone who would like to join. Our classes are designed for all levels of physical ability, and each session offers both high- and low-impact options. Participants can also choose to sit during class and still benefit, making our programs accessible to those with limited mobility. Many seniors who attend fitness classes also join us for lunch, further strengthening community connections.

Through the Gallatin County Health Department, we regularly offer Stepping On, S.A.I.L., hypertension workshops and flu shot/vaccination clinics to complement our programming. We look forward to continuing and expanding this valuable collaboration.

5. If extra funding was available, what would you do to increase services and how would you plan to spend the money?

Many of our participants have expressed interest in Pickleball, and we currently have a couple of viable options for creating a court. With additional funding, we could also contract more facilitators to expand and enhance our fitness and health program offerings.

The Older Americans Act requirements state that aging providers are supposed to “target resources from all appropriate sources to meet the needs of older persons with the greatest economic or social need, with particular attention to low income, low income minority, those residing in rural areas, and elders who are disabled and frail. Providers are also required to ensure access to service based on certain economic, demographic and geographic factors.”

- 6. Please provide letters of support from other local community-based and/or institutional programs, agencies or organizations involved with older adults.
- 7. List wage range of all employees funded in full or in part by this contract: \$ 20.00 to \$ 50.00.
- 8. Is this project covered by liability insurance? Yes How much? 1.5 Million
- 8. How many years has this project received Title III funds: 5
- 10. Please provide a **detailed** estimated budget for this Title III service for the fiscal year 2026-2027 as follows (list appropriate estimated resources):

PLEASE FILL IN THE FORM BELOW, YOU MAY SUBMIT ADDITIONAL SUPPORTING DOCUMENTATION IF NECESSARY.
 (Your expenses should equal your resources)

Expenses:

Personnel and fringe:	_____
Supplies:	<u>700</u>
Raw food/meals:	_____
Commodities:	_____
Communications:	<u>100</u>
Utilities:	<u>400</u>
Repairs/maintenance:	_____
Travel/training:	_____
Building space:	_____
Insurance:	_____
Equipment:	<u>300</u>
Contracted services:	<u>3500</u>
Audit:	_____
Other:	_____
TOTAL:	\$ <u>5000</u>

Resources:

Area IV Funds:	<u>3500</u>
Project income:	_____
Other Resources:	_____
Cash in Lieu:	_____
Commodities:	_____
Match:	<u>1500</u>
Other:	_____
Other:	_____
TOTAL:	\$ <u>5000</u>

Application deadline - The electronic application and 2 copies must be received by Rocky before 4 p.m. Friday, March 27, 2026. Applications received after this deadline date will not be considered for funding.

The contractor presentations will be on Zoom again this year.

The date of the Area IV Board Meeting is May 21, 2026 at 9:00am.

Bozeman Senior Social Center

"Focusing on the opportunities of positive aging"

John Gorton

RMDC

PO Box 1717

Helena, MT 59624

Dear Mr. Gorton,

I am writing to express my strong support for funding the Belgrade Senior Center's fitness program. This program provides an essential service to older adults in our community by promoting physical health, independence, and overall quality of life.

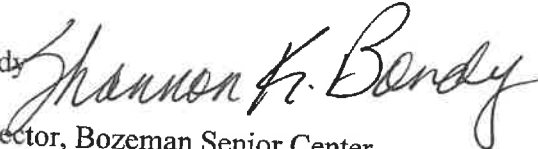
Regular, accessible fitness opportunities are critical for seniors. The Belgrade Senior Center's fitness program offers safe, age-appropriate exercise that helps participants improve strength, balance, flexibility, and cardiovascular health. These benefits play a vital role in reducing the risk of falls, managing chronic conditions, and supporting mental well-being. Just as importantly, the program fosters social connection, reducing isolation and encouraging consistent participation through a welcoming and supportive environment.

The impact of this program extends beyond individual participants. By helping seniors stay active and healthy, the program contributes to lower healthcare costs, increased independence, and a stronger, more connected community. The Belgrade Senior Center has a proven track record of serving seniors with care, professionalism, and responsiveness to community needs, and its fitness program reflects this commitment.

Funding support would allow the Belgrade Senior Center to sustain and potentially expand this valuable program, ensuring that seniors of all fitness levels and financial means can continue to benefit. An investment in this program is an investment in preventive health, dignity, and well-being for older adults in Belgrade.

Thank you for considering this request and for your commitment to supporting programs that enhance the lives of seniors. I strongly encourage you to support funding for the Belgrade Senior Center's fitness program.

Sincerely,
Shannon Bondy


Executive Director, Bozeman Senior Center



406-388-1616
info@belgradechamber.org
10 E. Main Street Belgrade, MT 59714

January 23, 2026

To whom it may concern,

On behalf of the Belgrade Chamber of Commerce, I am pleased to offer this letter of support for the Belgrade Senior Center and its vital nutrition and fitness programs. The Senior Center plays a critical role in strengthening the health, independence, and overall quality of life of older adults in our community, and its impact reaches far beyond its walls.

As Belgrade continues to grow, it is essential that our aging population has access to programs that promote physical well-being, social connection, and long-term independence. The Belgrade Senior Center's nutrition and fitness offerings directly support these goals. Through freshly prepared congregate meals, Meals on Wheels, and a variety of fitness and movement-based programs, the Center helps ensure that older adults have access to healthy food, opportunities to stay active, and meaningful ways to engage with others.

These programs are not only vital to individual health outcomes, but also to the broader community. Proper nutrition and regular physical activity reduce healthcare costs, support aging in place, and contribute to a healthier, more connected population. The Senior Center provides a welcoming and inclusive environment where participants feel valued and supported, fostering both physical strength and emotional well-being. The Belgrade Chamber of Commerce recognizes the Belgrade Senior Center as an indispensable community partner. Its commitment to enhancing the lives of older adults aligns closely with our shared goal of building a strong, resilient, and inclusive community. We strongly support the continued investment in and expansion of the Center's nutrition and fitness programs and hope to see them thrive for many years to come.

Thank you for your consideration and for your support of programs that make a meaningful difference in the lives of Belgrade's seniors.

Sincerely,

Erin Hoppe

Belgrade Chamber of Commerce

Executive Director

ehoppe@belgradechamber.org



406-388-1616



10 E. Main St Belgrade, MT



info@belgradechamber.org