

**LETTER OF INTENT TO APPLY FOR PROJECT GRANT  
Under Title III of the Older Americans Act  
Fiscal Year July 1, 2026 through June 30, 2027**

Summary Sheet

**Applicant Agency:** HRDC, District IX  
**Mailing/Street Address:** 32 South Tracy  
**City, State, Zip:** Bozeman, MT 59715  
**Phone:** 406-587-4486

**Compliance Director:** Hannah Altman  
**Transportation Director:** Talia Seltzer  
**E-Mail:** [compliance@thehrdc.org](mailto:compliance@thehrdc.org);  
[tseltzer@thehrdc.org](mailto:tseltzer@thehrdc.org)

**Type of Organization:** City County Private Non-Profit Other (specify):

**Geographic area to be served:** Gallatin and Park Counties

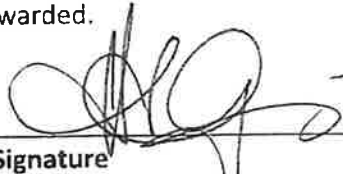
<b>List services to be provided:</b>	<b>Estimated # of unduplicated persons to be served during project period for each services type:</b>	<b>Estimated # of unduplicated units of service during project period for each listed service type:</b>
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<b>Homemaker Program</b>	<b>Gallatin County</b>	<b>Units of service</b>
Homemaker – Personal Care	20	1168 hours
Respite Services	9	255 hours
<b>Homemaker Program</b>	<b>Park County</b>	
Homemaker – Personal Care	25	926 hours
Respite Services	8	459 hours
<b>Galavan</b>	<b>Gallatin County</b>	
Senior Transit Services	122	4981 rides
<b>RSVP</b>	<b>Gallatin and Park Counties</b>	
Volunteer Opportunities	150	22,000 hours
<b>SHIP/I&amp;A</b>	<b>Gallatin and Park Counties</b>	
	347	628 units of service
<b>Senior Reach</b>	<b>Gallatin and Park Counties</b>	
	105	385 units of service

Applicant agrees that the project described in this Letter of Intent will be operational July 1, 2026 through June 30, 2027 and certifies that to the best of my knowledge and belief, the information in this application is true and correct and the attached conditions will be complied with if the grant is awarded.

Heather Grenier \_\_\_\_\_

Type or print person authorized to sign

  
Signature

President/CEO \_\_\_\_\_

Title

3-26-26  
Date

Linda Young \_\_\_\_\_

Type or print person authorized to sign

  
Signature

Board Chair \_\_\_\_\_

Title

3-26-26.  
Date

**LETTER OF INTENT TO APPLY FOR PROJECT GRANT**  
**Under Title III of the Older Americans Act**  
**Fiscal Year July 1, 2026 through June 30, 2027**

**Project Description Sheet**

**1. Service or Project Name:** HRDC Senior Reach

**2. Provide a description of how your program will spend the Title III funding.**

Senior Reach supports isolated, at-risk older adults in Gallatin, Meagher, and Park Counties by providing behavioral health services and comprehensive care management. The program is designed to address the complex needs of seniors who are experiencing social isolation, mental health challenges, and barriers to accessing essential services.

According to the 2025 Community Needs Assessment for Gallatin, Meagher, and Park Counties—conducted in partnership with nine Community Action Agencies that comprise the Montana Community Action Network (MCAN)—*mental health* ranks among the top five identified health priorities and overall community needs. Key areas of concern include difficulty accessing treatment, challenges in obtaining mental health services, and limited availability of providers who accept insurance.

Similarly, the 2025–2028 Park County Community Health Assessment identifies mental health as a critical priority. The report highlights significant gaps in access to behavioral health providers and elevated rates of depression, anxiety, social isolation, substance use, and suicide.

Senior Reach directly responds to these documented needs by promoting the wellbeing, independence, and dignity of older adults who are isolated, frail, or in need of additional support. The program educates community members and partners about the unique challenges facing older adults; provides individualized care management and professional mental health counseling; and connects participants to vital community resources, including public benefits and service referrals.

An important advancement emerging from the COVID-19 pandemic has been expanded access to telehealth services for Medicare beneficiaries, including mental health care. Telehealth has increased flexibility and reduced barriers to care for older adults, particularly those with mobility limitations or transportation challenges. The current Medicare telehealth waiver, extended through December 31, 2027, ensures continued access to these critical services and strengthens Senior Reach’s ability to serve vulnerable seniors effectively and efficiently.

**3. Statement of how your project will coordinate services with other community programs. (Include a description of referral systems.)**

Senior Reach provides care management (access to community resources) and mental health services (counseling) to support the wellbeing, independence and dignity of older adults who are isolated, frail and/or showing signs of depression or anxiety. We partner with a private Licensed Clinical Social Worker (LCSW) for behavioral health services.

Referrals can come from individuals, medical providers, HRDC team members, seniors, family members, physicians, neighbors, police, etc. but the senior must agree to the services. It is a voluntary program. Team members are always researching and educating themselves on available services for seniors.

**4. Statement of how your project will fulfill the mission of the Older Americans Act. (Include a description of criteria for selection of clients, outreach and targeting activities and how the project fulfills the objectives of the Older Americans Act.)**

Our target population is older adults (60 and older) who are isolated, frail or in need of emotional support and/or connection to community services but are not seeking services on their own behalf. Senior Reach has shown 14 statistically significant positive behavioral outcomes: decrease anxiety issues, decrease depression, decrease emotional disturbance, decrease social isolation, improve attention issues, improve overall mental health symptom severity, increase activity involvement, increase self-care/basic needs, improve interpersonal relationship, increase social support relationships, improve overall level of functioning, increase hopefulness, increase empowerment and improve overall recovery.

Our outreach efforts include tabling at multiple events, Homemaker Program, Gallatin County Aging Service Provider meetings, and Senior Centers.

**Customer Story:**

*Beth and Bob have been customers of HRDC since 2020, and their journey continues to reflect both the profound challenges of aging and the transformative power of sustained support.*

*When they first connected with us, Beth (84) was the primary caregiver for her husband, Bob (82), who was living with dementia. The demands of caregiving had become overwhelming. In a moment of extreme exhaustion and emotional distress, Beth made a tragic statement - threatening both her life and Bob's. In her mind, it felt like the only compassionate solution to an unbearable situation.*

*Thankfully, that pivotal crisis became a turning point.*

*With immediate intervention and ongoing support, Bob transitioned into a memory care community, where he has been thriving. Beth, meanwhile, began working closely with Senior Reach and has remained deeply engaged in services ever since. She attends weekly clinical sessions and accesses care management support as needed. Today, our work with Beth often centers on practical assistance - particularly navigating and renewing Bob's Medicaid Waiver benefits, a complex but essential resource that ensures his continued care.*

*Like many older adults, Beth is navigating the realities of her own aging. She often tells us, "I couldn't do this without you. My brain doesn't seem to function as sharply as it used to." While she remains highly capable and independent, she has less tolerance for difficult-to-navigate service systems. With a strong circle of friends and community support, Beth manages much of her daily life on her own - but she knows when to reach out for help, and that partnership has been critical.*

*When Beth first entered clinical services four and a half years ago, she felt defeated—like she had failed herself and Bob. She was demoralized, anxious, depressed, ashamed, and overwhelmed, as though the foundation of her world had collapsed. Through consistent therapy and deep personal commitment, she began to reframe her experience. This was not a personal failure; it was a reflection of a fragmented system that offers far too little support for dementia caregivers with limited resources.*

*Beth has worked through the profound grief of losing the partner she once knew, built a strong network of meaningful friendships, and embraced a more active and engaged lifestyle - often seen walking her beloved dog, Bo. She approaches the realities of aging with grace and humor, taking its inevitable*

*challenges in stride. Most importantly, she now prioritizes her overall well-being, tending to her mental, physical, and emotional health.*

*Bob remains in assisted living, and Beth visits him often. What once felt insurmountable has become a powerful example of resilience, dignity, and the life-changing impact of accessible behavioral health and care management services.*

*Their story is not just one of crisis averted—it is one of stability restored, hope renewed, and aging supported with compassion.*

### **Key Metrics – Senior Reach (24-25)**

- 1. How many clients are you serving?** 105 seniors
  - 2. Who are they?** Adults 60 and older that are at risk, isolated and/or showing signs of depression or anxiety
  - 3. What services do you give them?** We provide care management (access to community resources) and referrals to mental health services (counseling).
  - 4. What does it cost?** \$26,304
  - 5. What does it cost per service delivered?** \$26,304 divided by 105 seniors = \$251 per senior/year
  - 6. What happens to the clients as a result of the service?** Increase social support relationships, improve overall level of functioning, increase hopefulness, increase empowerment and improve overall recovery
  - 7. What does it cost per outcome?** \$26,304 divided by 385 units of service = \$68 for care management services and connection to clinician to decrease anxiety, depression, and social isolation
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- 5. If extra funding was available, what would you do to increase services and how would you plan to spend the money?**  
Extra funding would be used to increase hours for team members and ensure wages are market rate.
  - 6. Please provide letters of support from other local community-based and/or institutional programs, agencies or organizations involved with older adults.**  
See attached letters of support
  - 7. List wage range of all employees funded in full or in part by this contract:** \$24.00 - \$71.00
  - 8. Project unit cost:**  
\$26,304 divided by 105 seniors = \$251 per senior/year  
\$26,304 divided by 385 units of service = \$68 for care management services and connection to clinician to decrease anxiety, depression, and social isolation
  - 9. Is this project covered by liability insurance? Yes**  
**How much?** \$5,000,000 (General) \$3,000,000 (Professional Liability)
  - 10. How many years has this project received Title III funding:** 6 years

Please provide a detailed estimated budget for this Title III service for the fiscal year 2026-2027 as follows:

<b>Expenses</b>	<b>7/1/26-6/30/27</b>	<b>Resources</b>	<b>7/1/26-6/30/27</b>
Personnel and fringe	\$15,556.32	Area IV Funds	\$ 18,478.87
Allocations	\$7964.81	Other: NCOA	\$7,042.26
Space	\$1500.00		
Office Supplies	\$500.00		
<b>TOTAL</b>	<b>\$25,521.13</b>	<b>TOTAL</b>	<b>\$25,521.13</b>



92 E Cameron Ave  
Belgrade, MT 59714  
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[belgradeseniorcenter@gmail.com](mailto:belgradeseniorcenter@gmail.com)

January 26, 2026

John Gorton  
Area IV Agency on Aging  
PO Box 1717  
Helena, MT 59624

Dear John,

Older adults often encounter difficult circumstances that feel overwhelming and isolating, especially when they do not know where to turn for help. Senior Reach Care Management provides a much-needed lifeline by offering guidance, advocacy, and meaningful connection during these challenging times. The program's ability to link seniors with appropriate resources while offering compassionate support is invaluable to our community.

Our Center has seen firsthand the positive impact Senior Reach has on the individuals we serve. Seniors who once felt stuck or discouraged often gain renewed confidence after working with a care manager who listens, understands, and helps them identify next steps. Knowing there is someone in their corner brings comfort, clarity, and hope.

I strongly encourage your continued support of the Senior Reach program. It remains an essential service for seniors who need both practical assistance and the reassurance that they are not facing life's challenges alone.

Sincerely,

Lisa Beedy  
Center Manager

# **Lisa Talcott, LCSW**

319 N. Main Street  
Livingston, MT 59047  
406-224-7548

[lisatalcott21@gmail.com](mailto:lisatalcott21@gmail.com)

March 4, 2026

John Gorton  
Rocky's Agency on Aging  
PO Box 1717  
Helena, MT 59624

Dear Mr. Gorton,

I am writing in support of the HRDC Senior Reach Program. I have been the Behavioral Health provider for this program for Park and Gallatin Counties since its inception. Initially, I provided mental health services to individuals over 60 in their homes until Covid struck. At that point, I started providing Telehealth services. Now, I provide mental health services both in person and through Telehealth.

The Senior Reach program provides a valuable resource for our vulnerable seniors to get the mental health services they need. Many of the clients I see are socially isolated, have extremely limited support, and face many challenges that are common amongst our older population. The clients I see have had depression, anxiety, Post Traumatic Stress Disorder, and suicidal ideation, and other mental health conditions. Some have struggled with end of life issues or caregiver stress while caring for a spouse. Counseling offers them a safe, supportive space to share and process their thoughts and feelings, work through past and present trauma, and find practical solutions to the challenges they face. In coordination with HRDC and the Senior Reach Coordination these clients are connected to mental health services they were previously unaware of.

I urge you to continue your support of this program.

Sincerely,

Lisa Talcott, MSW, LCSW