



31.8% of Meagher Co. Is over 65 15% is in poverty

TRIVIA

Cost per Meal- \$24.08 Cost of food/Meal-\$3.79 Ave Meal Donation- \$4.07 Utilities/month- \$1,284.29 Use of Building Income \$8,737.87

Volunteer Hours -2,800 hr

Castle Mountain Apartments
All Units Occupied with a waiting List



Meagher County Senior Center White Sulphur Springs, Montana

Ritchen Renovation	Percentage	Renovation
Budget Items	of Budget	Item Cost
Appliances	38%	\$61,800.00
Hood and Ventilation	44%	\$71,000.00
Electrical	9%	\$14,000.00
Installation and Labor	4%	\$6,000.00
Flooring Fire Safe	2%	\$2,500.00
Plumbing and Faucets	2%	\$3,000.00
Grant Writing	2%	\$3,218.00
Other	0%	
Total Budget	100%	\$161,518.00
Grants	Percentage	Donation
Received	Raised	Contribution
Charles M Bair Family Grant	44.53%	\$ 71,924.00
Gianforte Family Foundation	4.33%	\$7,000.00
AARP Grant	1.55%	\$2,500.00
Area Agency on Aging	0.62%	\$1,000.00
Center Fundraising	6.83%	\$11,027.00
Town Pump	6.1996	\$10,000.00
Remaining	35.95%	\$ 58,067.00

Total Expense

Our mission at the Senior Center is to enhance the quality of life for our senior community by promoting independence, providing social opportunities, and fostering a sense of belonging. With our kitchen remodel, we aim to create a more welcoming and functional space that encourages healthy eating, social interaction, and community-building activities. The new kitchen will allow us to offer better meal services, cooking classes, and nutrition programs, ultimately supporting the well-being and engagement of our seniors.



Under Title III of the Older Americans Act Fiscal Year July 1, 2025 through June 30, 2026

Summary Sheet

Applicant Agency: Meagher Companies Mailing Address: PO Box 6 City, State, Zip: White Sulphur Some E-Mail: mcsc@itstriang Type of Organization: City County	582 Springs, MT 59645	Street Address: City, State, Zip: E-Mail:	Beth Hunt 101 1st Ave SE r (specify):
Geographic area to be served: M			
List services to be provided:	Estimated # of undupl to be served during preach service type:		Estimated # of unduplicated <i>units</i> of service during project period for each listed service type:
Congregate Meals	125		5500
Home Delivered Meals	80		4550
Transportation	15		100
Applicant agrees that the project of 30, 2026 and certifies that to the locorrect and the attached condition Beth Hunt	best of my knowledge	and belief, the info	operational July 1, 2025 through June ormation in this application is true and a awarded.
Type or print person authorized to	o sign	Signature	7 400.00
Executive Director		3/12/	124
Title		Date	
Type or print person authorized t	o sign	Signature	
Title		Date	* - 1 1

Under Title III of the Older Americans Act Fiscal Year July 1, 2025 through June 30, 2026

Project Description Sheet

(Please fill out a *Project Description Sheet* for each service provided. Attach additional pages if necessary to complete the following questions.)

1. Service or Project name: MCSC Congregate Meals Program

2. Provide a description of how your program will spend the Title III funding.

The goal of our Congregate Meal Program is to provide nutritious meals to individuals aged 60 and older, from Monday through Friday. We aim to create an environment that is both appealing and modern, encouraging seniors to socialize and enjoy a well-balanced and affordable meal.

Use of Title III Funding: The Title III funding will be utilized to ensure the success and sustainability of our Congregate Meal Program. The funds will be allocated for the following purposes:

Food: Procurement of high-quality, nutritious ingredients to prepare meals that meet dietary guidelines.

Utilities: Utilities such as electricity, water, and gas, which are critical to our daily operations.

Supplies: Necessary supplies including kitchen equipment, dining utensils, and cleaning products to maintain a hygienic and efficient facility.

Training: Providing training for our staff ensuring a high standard of care for our program participants.

Wages: Compensating staff who are integral to the preparation and delivery of meals, as well as the overall management of the program.

Repairs and Maintenance: Funding for regular maintenance and repairs of our facility and equipment to ensure a safe and comfortable environment for our participants.

Insurance: Securing insurance coverage to protect our program and participants,

These allocations are essential to running a quality program that not only meets the nutritional needs of our seniors but also provides them with a welcoming and supportive community space.

3. Statement of how your project will coordinate services with other community programs. (Include a description of referral systems.)

Our Congregate Meal Program is at the heart of our senior center's activities, providing nutritious meals Monday through Friday. We coordinate with various community organizations to enhance our services.

Community Partnerships:Adult Protective Services: Ensuring protection and support for at-risk seniors. Chamber of Commerce: Promoting local businesses and staying informed about community events. American Legion: Supporting senior veterans through joint events and shared resources. Community Participation: We actively participate in the Community Health Expo, promoting our programs and connecting with other service providers.

Referral Systems:

Local Physicians and Nurses: Coordinating medical care and sharing information. County Health Department: Integrating public health resources into our offerings. Area Agency on Aging: Accessing additional resources and funding opportunities.

By fostering these partnerships and maintaining a robust referral system, we provide comprehensive care and support for our senior participants.

4. Statement of how your project will fulfill the mission of the Older Americans Act. (Include a description of criteria for selection of clients, outreach and targeting activities and how the project fulfills the objectives of the Older Americans Act.)

Our program is dedicated to fulfilling the mission of the Older Americans Act by addressing the needs of older persons with the greatest economic or social need, with particular attention to those who are low-income, low-income minorities, residing in rural areas, and elders who are disabled and frail. We ensure access to services based on economic, demographic, and geographic factors.

Criteria for Selection of Clients: Our program is open to residents who are 55 years of age or older, disabled, and/or of limited income. At the discretion of the Director, individuals who have not yet attained 55 years of age but have compromising health issues, as well as non-senior individuals providing volunteer services during meal hours, may also receive our services.

Outreach and Targeting Activities: We actively reach out to the community through various channels, including collaboration with local healthcare providers, community organizations, and participation in community events. Our Director, certified in SHIP and the Information, Assistance, and Referral Program, as well as Fair Housing, LIHTC, Rural Development, and Property Management, leverages their expertise to provide services that many rural communities lack.

Program Objectives and Activities: We provide a range of activities that promote independence, creativity, physical and emotional health, and lifelong learning for our community members. Our center encourages volunteer and leadership opportunities, fostering a sense of community and engagement among participants.

By adhering to the principles of the Older Americans Act and focusing on the most vulnerable populations, our program ensures that seniors receive the support and services they need to lead healthy, fulfilling lives.

5. If extra funding was available, what would you do to increase services and how would you plan to spend the money?

With additional funding, our Congregate Meal Program will enhance and expand our services to better meet the needs of our senior community. We will focus on targeting resources to support older persons with the greatest economic or social need, as outlined by the Older Americans Act requirements.

- 1. Expanding our menu options to cater to seniors with specific dietary restrictions and medical conditions.
- 2. Offering a range of physical activity classes such as yoga, tai chi, and strength training to promote physical health and mobility.
- 3. Conducting workshops to help seniors learn how to use technology for communication, accessing services, and staying informed.
- 4. Offering classes on various topics such as arts and crafts, cooking, and financial literacy to encourage lifelong learning and creativity.
- 5. Facilitating activities that bring together seniors and younger community members, fostering mutual understanding and learning.
- 6. Expanding volunteer opportunities within our center, encouraging community involvement and providing meaningful roles for seniors and non-seniors alike.
- 7. Creating leadership training programs to empower seniors to take active roles in planning and leading activities and initiatives.

The Older Americans Act requirements state that aging providers are supposed to "target resources from all appropriate sources to meet the needs of older persons with the greatest economic or social need, with particular attention to low income, low income minority, those residing in rural areas, and elders who are disabled and frail. Providers are also required to ensure access to service based on certain economic, demographic and geographic factors."

	Please provide letters of support from other local community-based and/or institutional programs, agencies or organizations involved with older adults.			
7. List wage rang	List wage range of all employees funded in full or in part by this contract: \$ 14.00 to \$ 25.00 .			
8. Is this project of	Is this project covered by liability insurance? Yes How much? 1,000,000			
8. How many year	How many years has this project received Title III funds: 53 years			
estimated resour				
<u>PLEASE FII</u>		OU MAY SUBMIT ADD ATION IF NECESSAR uld equal your resources)		
Expenses:		Resources:		
Personnel and fringe: Supplies: Raw food/meals: Commodities: Communications: Utilities: Repairs/maintenance: Travel/training: Building space: Insurance: Equipment: Contracted services: Audit:	70,000 3,400 17,400 2,000 1,892 8,600 600 100 2,600	Area IV Funds: Project income: Other Resources: Cash in Lieu: Commodities: Match: Other: Other:	35,000 31,000 29,392 3,700 2,000 7,500	
Other: TOTAL:	\$ <u>108,592</u>	TOTAL:	§ 108,592	

Application deadline - The electronic application and 2 copies must be received by Rocky before 4 p.m. Friday, March 28, 2025. Applications received after this deadline date will not be considered for funding.

The contractor presentations will be on Zoom again this year.

The date of the Area IV Board Meeting is May 15, 2025 at 9:00am.

Under Title III of the Older Americans Act Fiscal Year July 1, 2025 through June 30, 2026

Project Description Sheet

(Please fill out a *Project Description Sheet* for each service provided. Attach additional pages if necessary to complete the following questions.)

1. Service or Project name: MCSC Home Delivered Meals Program

2. Provide a description of how your program will spend the Title III funding.

The Meagher County Senior Center in White Sulphur Springs, Montana, has found a lifeline in Title III funding from the area agency, which supports their crucial home-delivered meals program for senior citizens. This funding ensures that homebound seniors receive nutritious meals, reducing hunger and malnutrition, while providing social interaction and wellness checks.

However, running the program comes with challenges. Ensuring timely delivery while maintaining food quality and safety involves logistical hurdles. Financially, the program faces higher expenses due to costs for trays, packaging, and transportation. Additionally, maintaining high food safety standards, recruiting and training staff, and securing consistent funding are ongoing challenges. Catering to diverse dietary needs is also complex. Balancing these costs while keeping the service affordable for seniors is a continual struggle.

Despite these challenges, the home-delivered meal service is a cornerstone of the community. It plays a vital role in supporting seniors' health and well-being by providing nutritious meals and opportunities for social interaction. The Meagher County Senior Center continues to rise to the occasion, ensuring that their seniors are well-cared for and nourished.

3. Statement of how your project will coordinate services with other community programs. (Include a description of referral systems.)

The Meals on Wheels program at the Meagher County Senior Center actively coordinates services with various community programs to ensure comprehensive support for our senior citizens. Referrals to our program come through multiple channels, including physicians, nurses, and the County Health Department. These healthcare professionals identify seniors in need of nutritional support and refer them to our program.

Additionally, we receive referrals from family members who enroll their loved ones in the program as a preventative health care measure, ensuring that their nutritional needs are met while also providing regular wellness checks.

Our Director collaborates closely with several other community programs, including the Area Agency and Adult Protective Services, among others. This collaboration ensures that seniors receive a holistic approach to their care, addressing not only their nutritional needs but also their overall well-being. Through these coordinated efforts, we strive to create a supportive network for our senior community, leveraging the strengths of various programs to deliver comprehensive and effective care.

4. Statement of how your project will fulfill the mission of the Older Americans Act. (Include a description of criteria for selection of clients, outreach and targeting activities and how the project fulfills the objectives of the Older Americans Act.)

Our Meals on Wheels program is dedicated to fulfilling the mission of the Older Americans Act by providing essential services to our most vulnerable community members. Through the delivery of nutritious meals, we offer not only sustenance but also a quick safety check and much-needed human connection for homebound seniors.

Our program is specifically designed to serve individuals who are 60 years of age or older, disabled, and/or of limited income. We also extend our services to the spouses of these individuals, particularly if either person is unable to attend a congregate site due to illness or incapacitating disability, and if there is no one in the home able to prepare a nutritious meal on a regular basis.

We proactively reach out to the community to identify and target those in need of our services. Referrals come from healthcare professionals, including physicians, nurses, and the County Health Department, as well as from family members who recognize the need for preventative health care measures. Our Director works closely with several other community programs, including the Area Agency and Adult Protective Services, to coordinate comprehensive care for our seniors.

As the "eyes and ears" in the homes of at-risk community members, our program staff are trained to observe firsthand any changes in their physical or mental conditions, providing an additional layer of care and support. Through these efforts, our Meals on Wheels program plays a crucial role in supporting the health, well-being, and independence of older adults in our community, aligning with the objectives of the Older Americans Act.

5. If extra funding was available, what would you do to increase services and how would you plan to spend the money?

If we received extra funding, we could significantly enhance our program to better serve our senior community:

- 1. Modernize Facilities: Upgrade amenities and technology to create a comfortable and accessible environment.
- 2. Expand Programs: Introduce a variety of activities that promote physical, mental, and social well-being.
- 3. Improve Outreach: Increase efforts to reach all eligible seniors, ensuring they are aware of and can access our services.
- 4. Enhance Transportation: Invest in reliable transportation to help seniors attend programs and activities, reducing isolation.
- 5. Nutrition and Wellness: Expand personalized meal plans, dietary counseling, and wellness checks.
- 6. Training for Staff and Volunteers: Enhance training to provide high-quality care and support.

With these improvements, we can ensure our Senior Center remains vibrant, engaging, and supportive for the new senior population, particularly the baby boomers.

The Older Americans Act requirements state that aging providers are supposed to "target resources from all appropriate sources to meet the needs of older persons with the greatest economic or social need, with particular attention to low income, low income minority, those residing in rural areas, and elders who are disabled and frail. Providers are also required to ensure access to service based on certain economic, demographic and geographic factors."

	Please provide letters of support from other local community-based and/or institutional programs, agencies or organizations involved with older adults.			
7. List wage rang	st wage range of all employees funded in full or in part by this contract: \$ 14.00 to \$ 25.00			
3. Is this project of	ect covered by liability insurance? Yes How much? \$1,000,000			
B. How many year	ny years has this project received Title III funds: 53 Years			
0. Please provide a estimated resour	detailed estimated budget for this Title III sees):	service for the fiscal year	2025-2026 as follows (list appropriate	
<u>PLEASE FII</u>		MAY SUBMIT AD ION IF NECESSAF equal your resources)		
Expenses:		Resources:		
Personnel and fringe:	54,000		00.000	
Supplies:	3,000	Area IV Funds:	39,000	
aw food/meals:	10,000	Project income:	23,000	
ommodities:	2,000	Other Resources:	6,700	
Communications:	1,500	Cash in Lieu:	3,000	
Itilities:	6,000	Commodities:	2,000	
	The state of the s		7.000	
lepairs/maintenance:	150	Match:	7,050	
•	150	Match: Other:	7,050	
ravel/training:			7,050	
ravel/training:		Other:	7,050	
Pravel/training: Building space: Insurance:	100	Other:	7,050	
Pravel/training: Building space: Insurance: Equipment:	100	Other:	7,050	
Pravel/training: Building space: Insurance: Equipment: Contracted services:	2,000	Other:	7,050	
Repairs/maintenance: Fravel/training: Building space: Insurance: Equipment: Contracted services: Audit: Other:	2,000	Other:	7,050	

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Project Description Sheet

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- 1. Service or Project name: MCSC Transportation
- 2. Provide a description of how your program will spend the Title III funding.

Title III funding will be allocated to cover the costs of personnel, including wages and benefits for the program coordinator/dispatcher and drivers. Additionally, the funds will be utilized for daily operational expenses such as fuel, vehicle maintenance, office supplies, and communication efforts to promote the program.

Importantly, this funding enables us to provide invaluable transportation services for our seniors, ensuring they have access to local appointments with doctors and can make necessary trips to grocery stores. By investing these funds locally, we enhance the quality of life for our senior community members, making everyday essentials more accessible and their lives more comfortable.

3. Statement of how your project will coordinate services with other community programs. (Include a description of referral systems.)

We continually coordinate transportation with community programs and human service agencies that serve our aging citizens. Referrals for our Transportation Programs are received from physicians, nurses, and county health departments. Given the absence of other affordable transportation options in Meagher County, we actively engage in outreach through newspaper articles, public speaking engagements, and presentations to various organizations.

Our collaboration efforts extend to partnering with other local senior centers, healthcare providers, and social service agencies to ensure a seamless network of support for our elderly community members. We maintain a robust referral system that facilitates easy access to our services for those in need. By working together with these organizations, we strive to enhance the well-being and quality of life for seniors in our community."

4. Statement of how your project will fulfill the mission of the Older Americans Act. (Include a description of criteria for selection of clients, outreach and targeting activities and how the project fulfills the objectives of the Older Americans Act.)

Our Transportation Program began in 2006. Our mission is to provide service for residents who are 60 year of age and older, disabled and low income in a safe, economical and efficient manner. Our focus is primarily to proved service for non-emergency medical appointments, including dental, vision and other medical specialist. A viable alternate form of Transportation for the elderly will continue to be an important issue for years to come.

5. If extra funding was available, what would you do to increase services and how would you plan to spend the money?

Transportation is a huge need in Meagher County. We have a TAC formed but not currently active. I would use the funding to establish a transportation program that employs a driver and has a vehicle available to make trips both locally and out of town for medical needs, including vision, dental, dermatology and more. We could pay to have someone help us set up the program on our computer and teach us the requirements for reporting to the MT Dept. of Transportation.

The Older Americans Act requirements state that aging providers are supposed to "target resources from all appropriate sources to meet the needs of older persons with the greatest economic or social need, with particular attention to low income, low income minority, those residing in rural areas, and elders who are disabled and frail. Providers are also required to ensure access to service based on certain economic, demographic and geographic factors."

ó.		letters of support from other loca nvolved with older adults.	l community-based and/or ins	titutional programs, agencies or
7.	List wage range	e of all employees funded in full	or in part by this contract: \$_1	14.00 to \$
3.	Is this project of	covered by liability insurance? Yes How much? \$1,000,000		\$ 1,000,000
3.	How many year	ears has this project received Title III funds: 19 Years		
10.	Please provide a estimated resour		fitle III service for the fiscal year	2025-2026 as follows (list appropriate
	PLEASE FII	DOCUME	, YOU MAY SUBMIT AD NTATION IF NECESSAF s should equal your resources)	DITIONAL SUPPORTING RY.
Ехр	enses:		Resources:	
Raw Comi Comi Utilit Repa Build Insur	food/meals: modities: munications: ies: irs/maintenance: el/training: ling space: ance: pment: racted services:	2,000 550 350	Area IV Funds: Project income: Other Resources: Cash in Lieu: Commodities: Match: Other: Other:	1720 400 780
Other TOT		\$ 2,900	TOTAL:	\$ <u>2,900</u>

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To Whom It May Concern,

My name is Annette Lukenbill, and I am 73 years old. I have been a volunteer and a substitute in the kitchen at the Meagher County Senior Center for the last 20 years. Over the years, I have also had the pleasure of organizing pinochle games for the community, and I can attest to how accommodating the Center has always been to our group and all other organizations.

The Meagher County Senior Center has been a cornerstone of our community, offering a welcoming and friendly environment that fosters socialization. The importance of social interaction cannot be overstated, especially for seniors like me and my husband. The Center has been a place where everyone feels included and valued. It is a great place to catch up on the latest happenings around town, share stories, and build lasting friendships.

In addition to our regular pinochle games, the Center hosts Bunco on the second Thursday of each month and movie afternoons on Tuesdays throughout the winter. These events are just a few examples of the numerous activities that promote social interaction and keep us engaged. The laughter, conversations, and camaraderie that fill the room during these gatherings are truly priceless.

Socialization at the Center goes beyond just playing games or watching movies. It provides a sense of belonging and community that is vital for our well-being. Whether it's sharing a meal in the dining room, discussing local events, or participating in group activities, the Center offers countless opportunities for meaningful connections.

The Meagher County Senior Center is more than just a facility; it is a place where friendships are forged, memories are made, and the spirit of community thrives. I wholeheartedly support the Center and its mission to bring people together.

Sincerely,

Annette Lukenbill

Smith Tukenhill

To whom it may concern:

I am writing in support of the Meagher County Community Center (the Senior Center) in White Sulphur.

The Senior Center is unquestionably one of the most important services in our area. More than thirty per cent of our citizens are 65 years or older and many of those individuals are on strictly fixed incomes. As a result the Meals of Wheels program is often the only dependable meal these people have each day. Additionally, those who come into to the center for congregate meals, not only for nutrition, but much needed socialization, also depend on those services.

In addition to providing meals, the center also has several other programs.

Occasionally speakers are brought in to inform or entertain patrons: for example taxation information, nutrition information, scam alerts, estate planning are a few of the speakers in the past. The center has exercise equipment available to members and a pool table for billiard fans.

The center also provides the loan of various medical supplies such as crutches, walkers, raised toilet seats, and wheel chairs for individuals recovering from medical conditions or accidents. All is free to those in need.

Please give every consideration for continued support for the Meagher County Community Center.

Margaret Wilhelm

Debra Giffin PO Box 398 White Sulphur Springs, MT 59645 Pigsflydeb@gmail.com 406-547-3627 2/25/2025

Dear Friends

I am writing to express my enthusiastic support for the Meagher County Senior Center, an invaluable resource for our community. As someone who deeply values the well-being and enrichment of our senior citizens, I recognize the critical role the Senior Center plays in fostering social connections, providing essential services, and enhancing the quality of life for our elderly population.

The programs and activities offered by the Meagher County Senior Center, including nutritious meal services, recreational activities, and educational workshops, are instrumental in promoting physical, mental, and emotional health among our seniors. The Center not only provides a safe and welcoming environment for older adults to engage with their peers, but it also acts as a hub for vital support and resources that many seniors rely on.

Furthermore, the dedicated staff and volunteers of the Meagher County Senior Center deserve commendation for their unwavering commitment and tireless efforts in ensuring that our seniors receive the highest level of care and attention. Their compassion and dedication are truly remarkable and have a profound impact on the lives of those they serve.

I firmly believe that continued support and investment in the Meagher County Senior Center are essential for the sustained well-being and happiness of our senior community members. I urge all community members, local businesses, and governmental entities to recognize the significance of this institution and to provide their support in any way possible.

In conclusion, the Meagher County Senior Center is a beacon of hope, compassion, and community spirit. I wholeheartedly endorse its mission and stand ready to support its endeavors in any capacity.

Thank you for your attention and consideration.

Sincerely.

Debra Giffin