

LETTER OF INTENT TO APPLY FOR CONTRACT

Under Title III of the Older Americans Act
Fiscal Year July 1, 2026 through June 30, 2027

Summary Sheet

Applicant Agency: Rocky Tri-County Nutrition Project Director: Mindy Diehl
Mailing Address: P.O. Box 1717 Street Address: 200 South Cruse Avenue
City, State, Zip: Helena, MT 59624 City, State, Zip: Helena, MT 59601
E-Mail: mdiehl@rmdc.net E-Mail: lladas@rmdc.net

Type of Organization:

City County Private Non-Profit Other (specify): _____

Geographic area to be served: Tri-County Area of Lewis & Clark, Broadwater & Jefferson Counties

List services to be provided:	Estimated # of unduplicated <i>persons</i> to be served during project period for each service type:	Estimated # of unduplicated <i>units</i> of service during project period for each listed service type:
<u>Congregate Meals</u>	<u>1,200</u>	<u>25,500</u>
<u>Home Delivered Meals</u>	<u>800</u>	<u>84,000</u>
_____	_____	_____
_____	_____	_____

Applicant agrees that the project described in this Letter of Intent will be operational July 1, 2026 through June 30, 2027 and certifies that to the best of my knowledge and belief, the information in this application is true and correct and the attached conditions will be complied with if the contract is awarded.

Lori Ladas
Type or print person authorized to sign
Executive Director

Title
Mindy Diehl
Type or print person authorized to sign
Senior Nutrition & Transportation Program Director
Title

Lori Ladas
Signature
3/27/26
Date

Mindy Diehl
Signature
3/27/26
Date

LETTER OF INTENT TO APPLY FOR CONTRACT

Under Title III of the Older Americans Act
Fiscal Year July 1, 2026 through June 30, 2027

Project Description Sheet

(Please fill out a *Project Description Sheet* for each service provided.
Attach additional pages if necessary to complete the following questions.)

1. Service or Project name: **Tri-County Nutrition - Congregate Meal Program**

2. Provide a description of how your program will spend the Title III funding.

Title III funding will be used to support key operational expenses necessary for running our congregate meal programs in Lewis and Clark, Broadwater, and Jefferson counties efficiently.

By strategically utilizing these funds, Rocky aims to sustain and enhance our congregate meal programs, ensuring continued support for older adults who rely on this program. In fiscal year 2025, we provided 24,829 meals to 1,194 older adults. See Attachment A.

3. Statement of how your project will coordinate services with other community programs. (Include a description of referral systems.)

Rocky actively collaborates with various community organizations to enhance the effectiveness and reach of our congregate meal programs. Through strategic partnerships, we ensure that Title III funding is maximized to provide comprehensive support for our clients. See Attachment B.

4. Statement of how your project will fulfill the mission of the Older Americans Act. (Include a description of criteria for selection of clients, outreach and targeting activities and how the project fulfills the objectives of the Older Americans Act.)

Rocky's congregate meal programs are committed to upholding the mission of the Older Americans Act (OAA) by providing essential services that promote independence, well-being, and dignity for older adults. Through programs such as congregate dining, Rocky helps prevent unnecessary institutionalization and supports older adults in maintaining active, healthy lives within the Tri-Counties. By fostering strong partnerships with local organizations, healthcare providers, and community resources, Rocky ensures older adults receive the assistance they need to safely age in place with dignity.

No eligible participant is denied service based on their ability or decision not to contribute financially to the program.

Fulfilling the Objectives of the Older Americans Act

Rocky's congregate meal program aligns with the key objectives of the Older Americans Act by:

- Providing Nutritional Support: Offering congregate meals that meet USDA dietary guidelines to support older adult health and wellness.
- Promoting Social Engagement: Encouraging participation in senior center activities and boost socialization during meal time at our congregate meal sites.
- Ensuring Access to Services: Collaborating with Rocky's Agency on Aging, healthcare providers, and local organizations to connect older adults with essential resources such as transportation, healthcare, and financial assistance.

By implementing these strategies, Rocky's congregate meal program upholds the mission of the Older Americans Act, ensuring older adults in the Tri-Counties receive the support and services needed to lead healthy, independent lives. +

5. If extra funding was available, what would you do to increase services and how would you plan to spend the money?

The increased request for funding will help in defraying the continually increasing cost and delivery of food products for the program.

Extra funding will also be needed to support the program as other community funding sources decline (County Mill, CSBG, etc.).

The Older Americans Act requirements state that aging providers are supposed to "target resources from all appropriate sources to meet the needs of older persons with the greatest economic or social need, with particular attention to low income, low income minority, those residing in rural areas, and elders who are disabled and frail. Providers are also required to ensure access to service based on certain economic, demographic and geographic factors."

FY27 Budget Narrative for Area IV Grant Request (Attachment A)

Tri-County Nutrition Program

Congregate Meals

Expenditures – Please note all expenditures are projected based upon actual expenditures in prior years and the estimated expenses for FY27.

Personnel and fringe benefits for employees working at six different locations include:

- 1) Wages based on projected FY27 include 13 employees working full and part-time for a total of 16,850 hours or an equivalent of 8.1 FTEs. Many of the employees work intermittently as substitutes when regular full or part-time employees are absent.
- 2) Fringe benefits: FICA at 7.65%; workers' compensation of 1.16% for kitchen and delivery personnel; and unemployment insurance at 1.40%;
- 3) Health and life insurance benefits equal to \$1,130.00 per month for a full-time employee;
- 4) Employee Assistance Program at \$45.84 for all employees; and,
- 5) A pension plan contribution of 3% calculated on gross wages paid.

Supplies include projected expenses for minor equipment, office, meal service supplies and other supplies.

Raw food and meals include the projected expenses for groceries and Rocky Mountain Development Council, Inc. (Rocky) Consolidated Kitchen charges.

Commodities include expenses for groceries received through the Commodities Program.

Communications include projected expense for phone service (lines, long distance phone calls = \$2,039.52), postage (\$75), photocopies (\$210), and internet and computer network fees (\$15,035.52).

Repairs and maintenance expenses consist of maintenance to equipment and tools.

Travel and trainings costs include senior bus transportation to the Daily Dinner Club in Helena which is the majority of the expense, mileage for staff when using personal vehicles, and some travel related to training.

Building Space: costs consist of rent and/or utility charges for the programs residing in Helena and the leases in Augusta, Townsend, Lincoln, and Whitehall.

Insurance costs are related to general commercial liability, automobile liability, and excess umbrella liability policies.

Audit fees are prorated among all Rocky programs based upon program expenses and the auditor's time allotted to the programs. Rocky is subject to an annual audit because many of the programs, including the Tri-County Nutrition Program, receive federal and state funding.

Other costs include such items as indirect costs, advertising and photo copies.

It is significant to note that Rocky has a provisional indirect cost rate of 14% that is negotiated with our cognizant agency, the Department of Public Health and Human Services, which we currently charge. The rate is applicable to all Rocky programs and is calculated based upon total program expenses (less any exclusions). Indirect cost allocations pay for the program support provided by the administrative, human resources, and fiscal departments.

Resources

Area IV Funds include all federal and state funds requested to support the congregate meals program in the Counties of Lewis & Clark, Jefferson, and Broadwater.

Project Income includes revenues from the suggested meal contributions.

Other funding resources include a minor amount from fundraising from private sources and in-kind revenue.

Cash in Lieu and Commodities represent federal funding received from the Department of Public Health and Human Services in groceries and in cash.

Match County Mill funding for congregate meals from Lewis and Clark, Broadwater and Jefferson Counties.

FY27 Narrative for Area IV Grant Request (Attachment B)

Tri-County Nutrition Program

Congregate Meals

Statement of how your project will coordinate services with other community programs. (Include a description of referral systems)

Rocky's congregate meal program aims to provide older adults in the Tri-County area with access to hot, nutritious weekday meals while promoting overall health. These meals meet one-third of daily dietary requirements, as outlined by the U.S. Department of Agriculture. Older adults who are able are encouraged to participate at any of Rocky's seven congregate meal sites, located in Augusta, Boulder, Helena, Lincoln, Townsend, Whitehall, and Helena Indian Alliance (H.I.A).

Rocky's congregate site staff ensures that no individual aged 60 or older is denied a meal due to an inability or decision not to contribute toward the cost. The program is available to those 60 and older, with a suggested contribution of \$5.00 per meal.

The program's focus on nutrition and social engagement aligns with the mission of the Older Americans Act, which seeks to promote independence among older adults and prevent unnecessary and costly institutionalization.

To maximize participation, congregate meal sites collaborate with various community providers and other Rocky services. We work closely with organizations serving older adults, such as clinics, hospitals, Adult Protective Services, the VA, and affordable older adult housing. Outreach efforts also extend to local food pantries and human service offices within the Tri-County area. Rocky both receives referrals from these agencies and connects potential clients with appropriate services. Additionally, we partner with Rocky's senior programs, including Rocky's Agency on Aging, Senior Companion Program, Retired and Senior Volunteer Program, and Foster Grandparent Program.

Rocky staff is actively exploring diverse strategies to increase congregate meal site attendance. Key initiatives include maintaining media relations, partnering with local libraries, and enhancing our menus. Additionally, the team participates in aging-focused workgroups, distributes the V.O.E. to partner agencies, and leverages word-of-mouth through current participants.

Building and maintaining positive relationships with every older adult who participates in our congregate meal sites has proven essential. A positive experience not only encourages return visits but also inspires participants to invite others who might not have otherwise joined.

By cultivating strong partnerships and maintaining an efficient referral system, we enhance the support and services available to our older adult participants.

FY27 Budget Narrative for Area IV Grant Request (Attachment C)

Tri-County Nutrition Program

Congregate Meals

Statement of how your project will fulfill the mission of the Older Americans Act.

Rocky's congregate meal programs are committed to upholding the mission of the Older Americans Act (OAA) by providing essential services that promote independence, well-being, and dignity for older adults. Through programs such as congregate dining, Rocky helps prevent unnecessary institutionalization and supports older adults in maintaining active, healthy lives within the Tri-Counties. By fostering strong partnerships with local organizations, healthcare providers, and community resources, Rocky ensures older adults receive the assistance they need to safely age in place with dignity.

No eligible participant is denied service based on their ability or decision not to contribute financially to the program.

Fulfilling the Objectives of the Older Americans Act

Rocky's congregate meal program aligns with the key objectives of the Older Americans Act by:

- **Providing Nutritional Support:** Offering congregate meals that meet USDA dietary guidelines to support older adult health and wellness.
- **Promoting Social Engagement:** Encouraging participation in senior center activities and boost socialization during meal time at our congregate meal sites.
- **Ensuring Access to Services:** Collaborating with Rocky's Agency on Aging, healthcare providers, and local organizations to connect older adults with essential resources such as transportation, healthcare, and financial assistance.

By implementing these strategies, Rocky's congregate meal program upholds the mission of the Older Americans Act, ensuring older adults in the Tri-Counties receive the support and services needed to lead healthy, independent lives.

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Fiscal Year July 1, 2026 through June 30, 2027

Project Description Sheet

(Please fill out a *Project Description Sheet* for each service provided.
Attach additional pages if necessary to complete the following questions.)

1. Service or Project name: **Tri-County Home Delivered Meal Program**

2. Provide a description of how your program will spend the Title III funding.

Title III funding will be used to support key operational expenses necessary for running our home delivered meal programs in Lewis and Clark, Broadwater, and Jefferson counties efficiently.

By strategically utilizing these funds, Rocky aims to sustain and enhance our home delivered meal program, ensuring continued support for older adults who rely on this program. In fiscal year 2025, we provided 83,400 meals to 785 older adults. See Attachment A.

3. Statement of how your project will coordinate services with other community programs. (Include a description of referral systems.)

Rocky actively collaborates with various community organizations to enhance the effectiveness and reach of our home delivered meal program. Through strategic partnerships, we ensure that Title III funding is maximized to provide comprehensive support for our clients. See Attachment B.

4. Statement of how your project will fulfill the mission of the Older Americans Act. (Include a description of criteria for selection of clients, outreach and targeting activities and how the project fulfills the objectives of the Older Americans Act.)

Rocky's home delivered meal program is committed to upholding the mission of the Older Americans Act (OAA) by enhancing the health, independence, and well-being of older adults in the Tri-Counties through nutritious meals and vital community connections. Our program ensures that older adults, particularly those who are homebound, have consistent access to balanced, diet-appropriate meals that support their overall health and prevent malnutrition.

Beyond meal delivery, we foster social engagement and safety by providing regular wellness checks, connecting participants with essential services, and reducing isolation, key priorities of the OAA. By coordinating with local agencies, healthcare providers, and volunteers, Rocky's home delivered meal program maximizes resources to create a comprehensive support network that enables older adults to age with dignity in their own homes.

Through these efforts, Rocky's home delivered meal program directly aligns with the OAA's goal of empowering older adults to maintain their independence, improve their quality of life, and remain active members of their communities.

5. If extra funding was available, what would you do to increase services and how would you plan to spend the money?

The increased request for funding will help in defraying the continually increasing cost and delivery of food products for the program.

Extra funding will also be needed to support the program as other community funding sources decline (County Mill, CSBG, etc.).

The Older Americans Act requirements state that aging providers are supposed to "target resources from all appropriate sources to meet the needs of older persons with the greatest economic or social need, with particular attention to low income, low income minority, those residing in rural areas, and elders who are disabled and frail. Providers are also required to ensure access to service based on certain economic, demographic and geographic factors."

6. Please provide letters of support from other local community-based and/or institutional programs, agencies or organizations involved with older adults.
7. List wage range of all employees funded in full or in part by this contract: \$ 12.89 to \$ 37.82.
8. Is this project covered by liability insurance? Yes How much? See attached
8. How many years has this project received Title III funds: 56 years
10. Please provide a **detailed** estimated budget for this Title III service for the fiscal year 2026-2027 as follows (list appropriate estimated resources):

PLEASE FILL IN THE FORM BELOW, YOU MAY SUBMIT ADDITIONAL SUPPORTING DOCUMENTATION IF NECESSARY.
 (Your expenses should equal your resources)

Expenses:

Personnel and fringe:	<u>\$133,848.33</u>
Supplies:	<u>\$26,350</u>
Raw food/meals:	<u>\$198,485.54</u>
Commodities:	<u>\$3,800</u>
Communications:	<u>\$7,230.16</u>
Utilities:	<u>\$0</u>
Repairs/maintenance:	<u>\$4,942</u>
Travel/training:	<u>\$6,560</u>
Building space:	<u>\$9,916.15</u>
Insurance:	<u>\$13,467.46</u>
Equipment:	<u>\$0</u>
Contracted services:	<u>\$1,400</u>
Audit:	<u>\$2,456.69</u>
Other:	<u>\$59,862.77</u>
TOTAL:	\$ <u>\$468,319.10</u>

Resources:

Area IV Funds:	<u>\$289,752</u>
Project income:	<u>\$86,400</u>
Other Resources:	<u>\$22,029.30</u>
Cash in Lieu:	<u>\$20,472</u>
Commodities:	<u>\$3,800</u>
Match:	<u>\$25,634.36</u>
Other:	<u>\$6,553</u>
Other:	<u>\$13,678.44</u>
TOTAL:	\$ <u>\$468,319.10</u>

Application deadline - The electronic application and 2 copies must be received by Rocky before 4 p.m. Friday, March 27, 2026. Applications received after this deadline date will not be considered for funding.

The contractor presentations will be on Zoom again this year.

The date of the Area IV Board Meeting is May 21, 2026 at 9:00am.

FY27 Budget Narrative for Area IV Grant Request (Attachment A)

Tri-County Nutrition Program

Home Delivered Meals

Expenditures – Please note all expenditures are projected based upon actual expenditures in prior years and the estimated expenses for FY27.

Personnel and fringe benefits for employees working at six different locations include:

- 1) Wages based on projected FY27 include five employees working full and part-time for a total of 4,446 hours or an equivalent of 2.33 FTEs.
- 2) Fringe benefits: FICA at 7.65%; workers' compensation of 1.16% for kitchen and delivery personnel; and unemployment insurance at 1.40%;
- 3) Health and life insurance benefits equal to \$1,130.00 per month for a full-time employee;
- 4) Employee Assistance Program at \$45.84 for all employees; and,
- 5) A pension plan contribution of 3% calculated on gross wages paid.

Supplies include projected expenses for minor equipment, office, meal service supplies and other supplies.

Raw food and meals include the projected expenses for groceries. Rocky Mountain Development Council, Inc. (Rocky) bases grocery charges by comparing the amount of home delivered meals in a month to that month's grocery expenses.

Commodities include expenses for groceries received through the Commodities Program (NSIP).

Communications include projected expense for phone service (lines, long distance phone calls = \$2,133.36), postage (\$975), printing (\$75), photocopies (\$900), and internet and computer network fees (\$3,196.80).

Repairs and maintenance expenses consist of maintenance to equipment, vehicles, and tools.

Travel and trainings costs include mileage for staff when using personal vehicles and some travel related to training.

Building Space costs consist of rent and/or utility charges for the programs residing in Helena and Capital Transfer and Storage (for Home Delivered Meals trays).

Insurance costs are related to general commercial liability, automobile liability and excess umbrella liability policies.

Audit fees are prorated among all Rocky programs based upon program expenses and the auditor's time allotted to the programs. Rocky is subject to an annual audit because many of the programs, including the Tri-County Nutrition Program, receive federal and state funding.

Other costs include such items as indirect costs, advertising, photo copies, membership dues and volunteer expenses such as insurance, recruitment, background checks and recognition.

It is significant to note that Rocky has a provisional indirect cost rate of 14% that is negotiated with our cognizant agency, the Department of Public Health and Human Services, which we currently charge. The rate is applicable to all Rocky programs and is calculated based upon total program expenses (less any exclusions). Indirect cost allocations pay for the program support provided by the administrative, human resources, and fiscal departments.

Resources

Area IV Funds include all federal and state funds requested to support the home delivered meal program in the Counties of Lewis & Clark, Jefferson, and Broadwater.

Project Income includes revenues from the suggested meal donations.

Other funding resources include designated donations through United Way of Lewis and Clark County, incentives from Sysco, and unrestricted Rocky funds. A minor amount of funding comes from fundraising from private sources.

Medicaid is also included in the "Other" category. We invoice Medicaid monthly for Medicaid waiver eligible home delivered meal recipients.

Cash in Lieu and Commodities represent federal funding received from the Department of Public Health and Human Services in groceries and in cash.

Match County Mill funding for the home delivered meal program from Lewis and Clark, Broadwater and Jefferson Counties.

FY27 Narrative for Area IV Grant Request (Attachment B)

Tri-County Nutrition Program

Home Delivered Meals

**Statement of how your project will coordinate services with other community programs.
(Include a description of referral systems)**

With a strong commitment to community well-being, Rocky has operated its home delivered meal program for 56 years, currently serving Broadwater, Jefferson, and Lewis & Clark counties. Rocky's home delivered meal program serve older adults who are homebound, have limited mobility, or encounter challenges that hinder their access to food and ability to live independently. Rocky's home delivered meal program deliver nutritious weekday meals, warm conversation and regular safety checks to participants in Augusta, Helena (includes E. Helena and Helena Valley), Lincoln, Townsend, Whitehall and Boulder. Meals meet one-third of daily dietary requirements, as outlined by the U.S. Department of Agriculture.

Rocky's Senior Nutrition staff ensures that no individual aged 60 or older is denied a meal due to an inability or decision not to contribute toward the cost. The program is available to those 60 and older, with a suggested contribution of \$5.00 per meal.

In order to assist more older adults to remain in their home, the home delivered meal program works closely with:

- Rocky's Agency on Aging
- Rocky's Foster Grandparent Program, Retired & Senior Volunteer Program, and Senior Companion Program
- AARP
- Home Health Care and Hospice services
- Hospital Health Discharge Planning Units
- Medicaid Case Management Programs
- Adult Protective Services
- Area housing facilities
- Human Service Office in Broadwater, Jefferson, and Lewis & Clark Counties
- Local food pantries
- Physicians, nursing homes and assisted living facilities
- Veteran's Administration

In addition to receiving referrals for the home delivered meal program, referrals are made to the above listed agencies on behalf of the program participants if they need these services. By integrating these efforts, Rocky's home delivered meal program ensures that older adults receive nutritious meals while also benefiting from a network of supportive community services.

**FY27 Area IV Grant Request
Tri-County Nutrition Program Statistics
Congregate Meals & Home Delivered Meals**

Location: Augusta

Days of Operation: Monday-Friday

Programs: Congregate and Home Delivered Meals

Total # of Congregate Meals in FY25: 1,576 meals

Total # of Home Delivered Meals in FY25: 4,297 meals

Congregate Unduplicated Clients in FY25: 52 clients,

Home Delivered Unduplicated Clients FY25: 38 clients

Location: Boulder

Days of Operation: Tuesday-Thursday

Programs: Congregate and Home Delivered Meals

Total # of Congregate Meals in FY25: 1,254 meals

Total # of Home Delivered Meals in FY25: 1,334 meals

Congregate Unduplicated Clients in FY25: 68 clients

Home Delivered Unduplicated Clients FY25: 15 clients

Location: Helena

Days of Operation: Monday-Friday

Programs: Congregate, Home Delivered Meals

Total # of Congregate Meals in FY25: 11,865 meals

Total # of Home Delivered Meals in FY25: 66,170 meals

Congregate Unduplicated Clients in FY25: 716 clients

Home Delivered Unduplicated Clients FY25: 529 clients

Location: Helena Indian Alliance

Days of Operation: Monday-Friday

Programs: Congregate

Total # of Congregate Meals in FY25: 1,037 meals

Congregate Unduplicated Clients in FY25: 12 clients

Location: Lincoln

Days of Operation: Monday-Friday

Programs: Congregate and Home Delivered Meals

Total # of Congregate Meals in FY25: 2,227 meals

Total # of Home Delivered Meals in FY25: 1,099 meals

Congregate Unduplicated Clients in FY25: 64 clients

Home Delivered Unduplicated Clients FY25: 6 clients

Location: Townsend

Days of Operation: Monday-Friday

Programs: Congregate, Home Delivered Meals

Total # of Congregate Meals in FY25: 4,765 meals

Total # of Home Delivered Meals in FY25: 6,178 meals

Congregate Unduplicated Clients in FY25: 164 clients

Home Delivered Unduplicated Clients FY25: 110 clients

Location: Whitehall

Days of Operation: Monday-Friday

Programs: Congregate, Home Delivered Meals

Total # of Congregate Meals in FY25: 2,105 meals

Total # of Home Delivered Meals in FY25: 4,322 meals

Congregate Unduplicated Clients in FY25: 118 clients

Home Delivered Unduplicated Clients FY25: 87 clients

David A. Krainacker, MD, PhD
St. Peter's Health
3330 Ptarmigan Lane
Helena, MT 59602

2-18-26

Grant Committee
Area IV, Agency on Aging
Helena, MT 59601

To Whom It May Concern:

I am writing to express my strong support for Rocky Mountain Development Council's program for Meals on Wheels and Congregate Dining. I have been a physician in Helena for nearly 28 years. During that time I have had countless patients benefit from these programs. I have referred numerous patients over the years. These programs are often the only source of adequate nutrition for many our seniors. Furthermore, the Congregate Dining offers a chance for vital social interaction. Social isolation and loneliness is a major source of morbidity in Montana and America. These programs help to alleviate these problems.

I have seen how important these programs have been to the lives of many patients over my time in practice. I strongly encourage you to continue funding these vital programs.

Sincerely,

A handwritten signature in cursive script that reads "David A. Krainacker". The signature is written in black ink and has a long, sweeping underline that extends to the right.

David A. Krainacker, MD, PhD

Mindy Diehl
Senior Nutrition and Transportation Program Director
200 South Cruise Ave.
Helena, MT 59601

To Whom it May Concern,

I have been a recipient of Rocky Mountain Development Council's Meals on Wheels Program for 21 months and have daily meals delivered to my home residence, Monday through Friday. My personal story is I am wheelchair bound and mostly stay at home. Mercifully, I am grateful to have a wife that assists with most of my other needs. Unfortunately, my wife, Wanda, has cancer and is undergoing treatment, which requires, at times, her being away from home.

To assist with my meals we swiveled to Meals on Wheels and the following day I received my first noon-time meal. Impressive. If I remember correctly my first meal was delivered by Tammy, Senior Nutrition Volunteer Coordinator, bringing along her exuberant personality and radiant smile. Besides presenting the meal, Tammy explained the Meals on Wheels Program spotlighting two important highlights, meal nutrition and providing client welfare checks. To me, I value the meal, but perhaps, acknowledge and respect being checked on more, as I presume most clients sense similarly. I am aware of two occasions a Meals on Wheels driver came upon a client in need, helping if required. Quality meals equal Welfare checks, which are frequently overlooked by those not familiar with the Program. Over time, I have come to understand the importance this Program provides for people like me.

I have experienced first hand the valuable work this Program means to the Helena, MT community. Before signing off I want to extend a big Thank You to the entire Meals on Wheels Program staff. Without them the communities they serve would be less like home. Candidly, this service is one of my Nursing Home Prevention Guards.

With appreciation,

Mel White, a Helena, MT Meals on Wheels recipient.



ROCKMOU102

SOLIVER

CERTIFICATE OF LIABILITY INSURANCE

DATE (MM/DD/YYYY)
9/3/2025

THIS CERTIFICATE IS ISSUED AS A MATTER OF INFORMATION ONLY AND CONFERS NO RIGHTS UPON THE CERTIFICATE HOLDER. THIS CERTIFICATE DOES NOT AFFIRMATIVELY OR NEGATIVELY AMEND, EXTEND OR ALTER THE COVERAGE AFFORDED BY THE POLICIES BELOW. THIS CERTIFICATE OF INSURANCE DOES NOT CONSTITUTE A CONTRACT BETWEEN THE ISSUING INSURER(S), AUTHORIZED REPRESENTATIVE OR PRODUCER, AND THE CERTIFICATE HOLDER.

IMPORTANT: If the certificate holder is an ADDITIONAL INSURED, the policy(ies) must have ADDITIONAL INSURED provisions or be endorsed. If SUBROGATION IS WAIVED, subject to the terms and conditions of the policy, certain policies may require an endorsement. A statement on this certificate does not confer rights to the certificate holder in lieu of such endorsement(s).

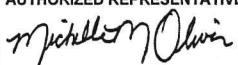
PRODUCER Helena Office Marsh McLennan Agency LLC P.O. Box 6127 Helena, MT 59604	CONTACT NAME: Kathy Burt	
	PHONE (A/C, No, Ext): (406) 457-2103	FAX (A/C, No):
	E-MAIL ADDRESS: Kathy.Burt@MarshMMA.com	
	INSURER(S) AFFORDING COVERAGE	NAIC #
	INSURER A : Cincinnati Insurance Company	10677
INSURED Rocky Mountain Development Council, Inc P.O. Box 1717 Helena, MT 59624	INSURER B : Montana State Fund	15819
	INSURER C :	
	INSURER D :	
	INSURER E :	
	INSURER F :	

COVERAGES CERTIFICATE NUMBER: REVISION NUMBER:

THIS IS TO CERTIFY THAT THE POLICIES OF INSURANCE LISTED BELOW HAVE BEEN ISSUED TO THE INSURED NAMED ABOVE FOR THE POLICY PERIOD INDICATED. NOTWITHSTANDING ANY REQUIREMENT, TERM OR CONDITION OF ANY CONTRACT OR OTHER DOCUMENT WITH RESPECT TO WHICH THIS CERTIFICATE MAY BE ISSUED OR MAY PERTAIN, THE INSURANCE AFFORDED BY THE POLICIES DESCRIBED HEREIN IS SUBJECT TO ALL THE TERMS, EXCLUSIONS AND CONDITIONS OF SUCH POLICIES. LIMITS SHOWN MAY HAVE BEEN REDUCED BY PAID CLAIMS.

INSR LTR	TYPE OF INSURANCE	ADDL INSD	SUBR WVD	POLICY NUMBER	POLICY EFF (MM/DD/YYYY)	POLICY EXP (MM/DD/YYYY)	LIMITS
A	<input checked="" type="checkbox"/> COMMERCIAL GENERAL LIABILITY <input type="checkbox"/> CLAIMS-MADE <input checked="" type="checkbox"/> OCCUR			ETD 0589078	9/6/2025	9/6/2026	EACH OCCURRENCE \$ 1,000,000 DAMAGE TO RENTED PREMISES (Ea occurrence) \$ 1,000,000 MED EXP (Any one person) \$ 5,000 PERSONAL & ADV INJURY \$ 1,000,000 GENERAL AGGREGATE \$ 3,000,000 PRODUCTS - COMP/OP AGG \$ 3,000,000
	GEN'L AGGREGATE LIMIT APPLIES PER: <input type="checkbox"/> POLICY <input type="checkbox"/> PRO-JECT <input type="checkbox"/> LOC OTHER:						\$
A	<input checked="" type="checkbox"/> AUTOMOBILE LIABILITY <input checked="" type="checkbox"/> ANY AUTO OWNED AUTOS ONLY <input type="checkbox"/> HIRED AUTOS ONLY <input type="checkbox"/> SCHEDULED AUTOS <input type="checkbox"/> NON-OWNED AUTOS ONLY			ETD 0589078	9/6/2025	9/6/2026	COMBINED SINGLE LIMIT (Ea accident) \$ 1,000,000 BODILY INJURY (Per person) \$ BODILY INJURY (Per accident) \$ PROPERTY DAMAGE (Per accident) \$
A	<input checked="" type="checkbox"/> UMBRELLA LIAB <input type="checkbox"/> EXCESS LIAB <input checked="" type="checkbox"/> OCCUR <input type="checkbox"/> CLAIMS-MADE			ETD 0589078	9/6/2025	9/6/2026	EACH OCCURRENCE \$ 3,000,000 AGGREGATE \$ 3,000,000
	DED RETENTION \$						\$
B	WORKERS COMPENSATION AND EMPLOYERS' LIABILITY ANY PROPRIETOR/PARTNER/EXECUTIVE OFFICER/MEMBER EXCLUDED? (Mandatory in NH) If yes, describe under DESCRIPTION OF OPERATIONS below	Y/N <input type="checkbox"/>	N/A	033995291	10/1/2024	10/1/2025	<input checked="" type="checkbox"/> PER STATUTE E.L. EACH ACCIDENT \$ 500,000 E.L. DISEASE - EA EMPLOYEE \$ 500,000 E.L. DISEASE - POLICY LIMIT \$ 500,000
A	Professional			ETD 0589078	9/6/2025	9/6/2026	Each Claim \$ 1,000,000
A	Liability			ETD 0589078	9/6/2025	9/6/2026	Aggregate \$ 3,000,000

DESCRIPTION OF OPERATIONS / LOCATIONS / VEHICLES (ACORD 101, Additional Remarks Schedule, may be attached if more space is required)

CERTIFICATE HOLDER Rocky Mountain Development Council, Inc P.O. Box 1717 Helena, MT 59624	CANCELLATION SHOULD ANY OF THE ABOVE DESCRIBED POLICIES BE CANCELLED BEFORE THE EXPIRATION DATE THEREOF, NOTICE WILL BE DELIVERED IN ACCORDANCE WITH THE POLICY PROVISIONS.
	AUTHORIZED REPRESENTATIVE 

Rocky Mountain Development Council, Inc. (Rocky) Board of Directors

Public Sector Representatives

These terms expire at the discretion of the organization appointing them.

Cory Kirsch
Jefferson County Commission
PO Box H
Boulder, MT 59632
406-225-4028
ckirsch@jeffersoncounty-mt.gov

Jesse Swenson
Broadwater County Commission
515 Broadway St.
Townsend, MT 59644
406-980-1213
jswenson@broadwatercountymt.gov

Dannai Clayborn
City of Helena
316 N. Park Avenue Room 322
Helena, MT 59623
406-447-8409
dmclayborn@helenamt.gov

Andy Hunthausen
Vice President, Rocky, Inc.
Lewis & Clark County Commission
City County Building
316 N. Park Ave, Rm 345
Helena, MT 59623
406-447-8304
ahunthausen@lccountymt.gov

Dan Rispens
East Helena Public Schools
11 Cloverview Drive
Helena, MT 59601
406-439-0630
drispens@ehps.k12.mt.us

Low-Income Sector Representatives

Kate Anderson*
Prickly Pear Cooperative
3960A St. Mary's Road
East Helena, MT 59635
406-417-1042
kathrineannanderson@gmail.com
Term expires: 2027

Susan Geise
Habitat for Humanity
PO Box 12; 209 Fleming
Augusta, MT 59410
406-396-4645
msusangood@montana.com
Term expires: 2028

Teri Lilletvedt
Pureview Health Center
1930 9th Ave.
Helena, MT 59601
406-500-2043 (work)
406-459-3946 (cell)
Teri.lilletvedt@pureviewhealthcenter.org
Term expires: 2026

Erin Lyndes**
Jackson, Murdo & Grant, P.C.
1033 Butte Avenue
Helena, MT 59601
406-461-4903
elyndes@jmgattorneys.com
Term expires: 2026

Katelyn Buck
Head Start Policy Council
2205 11th Ave, Apt. 1
Helena, MT 59601
406-431-1843
Katelynbuck98@gmail.com
Term expires annually

Private Sector Representatives

Trever Kirkland
President, Rocky, Inc.
First Interstate Bank
P.O. Box 6013
Helena, MT 59604-6013
406-422-1633 - Work
406-439-3769 – Cell
trever.kirkland@fib.com
Term expires: 2026

Debbie Havens
1325 Clover Rd
Helena, MT 59601
406-431-4016
debdhavens@yahoo.com
Term expires: 2027

Paula Jacques+
Secretary/Treasurer, Rocky, Inc.
PO Box 141
Clancy, MT 59634
406-431-7485
pjpcmm@gmail.com
Term expires: 2027

Bruce Day
1747 Karmen Road
Helena, MT 59602
406-439-7850
day406@gmail.com
Term expires: 2026

Charlie Lane
522 Tamarack St.
Helena, MT 59601
406-431-1241
charleslanemt@gmail.com
Term expires: 2027

Revised October 2025

*Member who has a background and expertise in early childhood education and development.

** Member who is a licensed attorney familiar with issues that come before the governing body.

+ Member who has a background and expertise in fiscal management or accounting.