

LETTER OF INTENT TO APPLY FOR CONTRACT

Under Title III of the Older Americans Act
Fiscal Year July 1, 2025 through June 30, 2026

Summary Sheet

Applicant Agency: _____ Project Director: _____

Mailing Address: _____ Street Address: _____

City, State, Zip: _____ City, State, Zip: _____

E-Mail: _____ E-Mail: _____

Type of Organization:

_____ City _____ County _____ Private Non-Profit _____ Other (specify): _____

Geographic area to be served: _____

List services to be provided:	Estimated # of unduplicated <i>persons</i> to be served during project period for each service type:	Estimated # of unduplicated <i>units</i> of service during project period for each listed service type:
_____	_____	_____
_____	_____	_____
_____	_____	_____
_____	_____	_____

Applicant agrees that the project described in this Letter of Intent will be operational July 1, 2025 through June 30, 2026 and certifies that to the best of my knowledge and belief, the information in this application is true and correct and the attached conditions will be complied with if the contract is awarded.

Type or print person authorized to sign

Signature

Title

Date

Type or print person authorized to sign

Signature

Title

Date

LETTER OF INTENT TO APPLY FOR CONTRACT
Under Title III of the Older Americans Act
Fiscal Year July 1, 2025 through June 30, 2026

Project Description Sheet

(Please fill out a ***Project Description Sheet*** for each service provided. Attach additional pages if necessary to complete the following questions.)

1. Service or Project name:
2. Provide a description of how your program will spend the Title III funding.
3. Statement of how your project will coordinate services with other community programs. (Include a description of referral systems.)

4. Statement of how your project will fulfill the mission of the Older Americans Act. (Include a description of criteria for selection of clients, outreach and targeting activities and how the project fulfills the objectives of the Older Americans Act.)
5. If extra funding was available, what would you do to increase services and how would you plan to spend the money?

6. Please provide letters of support from other local community-based and/or institutional programs, agencies or organizations involved with older adults.
7. List wage range of all employees funded in full or in part by this contract: \$ _____ to \$ _____.
8. Is this project covered by liability insurance? _____ How much? _____
8. How many years has this project received Title III funds: _____
10. Please provide a **detailed** estimated budget for this Title III service for the fiscal year 2025-2026 as follows (list appropriate estimated resources):

PLEASE FILL IN THE FORM BELOW, YOU MAY SUBMIT ADDITIONAL SUPPORTING DOCUMENTATION IF NECESSARY.
(Your expenses should equal your resources)

Expenses:

Resources:

Personnel and fringe: _____

Supplies: _____

Raw food/meals: _____

Commodities: _____

Communications: _____

Utilities: _____

Repairs/maintenance: _____

Travel/training: _____

Building space: _____

Insurance: _____

Equipment: _____

Contracted services: _____

Audit: _____

Other: _____

TOTAL: \$ _____

Area IV Funds: _____

Project income: _____

Other Resources: _____

Cash in Lieu: _____

Commodities: _____

Match: _____

Other: _____

Other: _____

TOTAL: \$ _____

Application deadline - The electronic application and 2 copies must be received by Rocky before 4 p.m. Friday, March 28, 2025. Applications received after this deadline date will not be considered for funding.

The contractor presentations will be on Zoom again this year.

The date of the Area IV Board Meeting is May 15, 2025 at 9:00am.



March 21, 2025

Jim Marks
Area IV Agency on Aging
PO Box 1717
Helena, MT 59624

Dear Jim:

I am writing to express my enthusiastic support for the exercise and wellness programs offered through senior centers in Gallatin County, Montana. These programs are not only beneficial—they are essential to the physical, mental, and social well-being of our older adult population.

As we know, regular physical activity helps seniors maintain mobility, balance, and strength, all of which are crucial for independent living and fall prevention. But beyond the obvious health benefits, these programs offer something just as important: connection. Senior center fitness classes create a welcoming, inclusive environment where participants can engage with peers, form friendships, and build community.

In a county as geographically broad and diverse as Gallatin, our senior centers provide accessible, local opportunities for healthy aging. Whether it's a low-impact aerobics class, chair yoga, strength training, or walking groups, these programs empower older adults to take charge of their health in supportive and encouraging settings.

Investing in senior fitness is a proactive step that reduces long-term healthcare costs, supports mental well-being, and enhances quality of life. As our senior population continues to grow, the need for robust, well-funded exercise and wellness programs will only increase.

I strongly urge continued support and expansion of these vital programs. They are an investment not just in individual health, but in a vibrant, active, and connected community for all generations.

Sincerely,

Margaret

Margaret Mason
Chief Development Officer

406.587.4486

hello@thehrdc.org

206 E Griffin Dr
Bozeman, MT 59715



92 E Cameron Ave
Belgrade, MT 59714
406-388-4711
belgradeseniorcenter@gmail.com

March 10, 2025

Jim Marks
Area IV Agency on Aging
PO Box 721
Helena, MT 59624

Dear Jim,

Bozeman Senior Center's fitness programs provide invaluable resources and health and wellness opportunities for seniors in our community. These programs play a vital role in improving the physical, mental, and emotional well-being of older adults.

The wide range of fitness classes offered, such as *Fitness 4 for Life*, *Strong People*, and *Power Yoga*, are just a few of the 35 weekly classes offered and are well suited for seniors of varying fitness levels. Classes that focus on strength, flexibility, fall prevention and balance are crucial for the safety and independence of seniors. The variety of options, including line dancing, tai chi, and core workouts, plus a fully equipped fitness room ensure that there is something for everyone, regardless of experience or physical condition. The wide array of classes offered demonstrates the center's commitment to providing accessible and inclusive care to folks while fostering a sense of community and camaraderie among members.

The positive impact these fitness programs have on participants' physical health, mental clarity, and social engagement cannot be overstated. The continued support of these programs will greatly enhance the quality of life for seniors in the Bozeman area.

Sincerely,

Lisa Beedy
Center Manager
Belgrade Senior Center



Befrienders

Enhancing Lives Through Friendship

March 6, 2025

Bozeman Senior Center
807 N Tracy Ave.
Bozeman, MT 59715

To Whom It May Concern,

On behalf of Befrienders, I am writing to express my strong support for the Bozeman Senior Center's Fitness Programming. As both the Executive Director of Befrienders and a regular participant in these classes, I have personally experienced the physical, mental, and social benefits this programming provides to older adults in our community.

The Bozeman Senior Center offers a diverse range of fitness classes that are inclusive of all abilities, ensuring that every senior—regardless of mobility level—has the opportunity to stay active. Whether it's Power Yoga, Strength Training, Tai Chi, or Gyrokinesis sessions, these programs play a critical role in maintaining the health and independence of older adults.

At Befrienders, we understand that staying active is key to aging well, and we see firsthand how many of our participants benefit from these classes. Regular physical activity improves strength, coordination, and overall well-being, but just as importantly, it provides an opportunity for social connection. Many seniors who might otherwise struggle with isolation find community through shared movement, encouragement, and friendship in these classes.

The Bozeman Senior Center has been a trusted and invaluable partner in fostering opportunities for seniors to engage in healthy lifestyles. We wholeheartedly support the continuation and expansion of its fitness programming, ensuring that all older adults in Gallatin Valley have access to safe, engaging, and inclusive fitness opportunities.

Please do not hesitate to reach out if we can be of further support.

With gratitude,

Kristin VanDeWalle
Executive Director
Befrienders
807 N Tracy Ave., 2nd Floor
Bozeman, MT 59715
info@befriendersbozeman.org